

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Tortilla Chicken Breast - CN Diced Carrots Fruit Cocktail WG Breadstick Milk	4	Hamburger Patty - CN Ranch Whip Potatoes Sliced Peaches <i>WG Hamburger Bun</i> Milk	5	BBQ Pork Rib Patty - CN Sweet Potatoes Fresh Pear WG Hamburger Bun Milk	6	WG Chicken Nuggets - CN Mixed Vegetables Fresh Orange Milk	7	Meatballs in Gravy - CN Mashed Potatoes Fresh Apple WG Dinner Roll Milk
10	Sliced Turkey & Amer. Cheese(.67oz) on WG Bun Coleslaw <i>Green Peas(1-2yr)</i> Fruit Mix Milk	11	WG Spaghetti & Beef Sauce Green Beans Fresh Apple Milk	12	Sweet & Sour Chicken Breast Peas & Carrots Fresh Pear WG Dinner Roll Milk	13	Cheese Omelet in Cheese Sauce Breakfast Potatoes Sliced Peaches WG Blueberry Muffin Top Milk	14	WG Chicken Tenders - CN BBQ Baked Beans Fresh Orange Milk
17	Pulled Pork Sandwich Diced Potatoes Tropical Fruit Mix WG Hamburger Bun Milk	18	Chicken Breast w/ Country Gravy Country Blend Veggies Fresh Pear WG Dinner Roll Milk	19	Sloppy Joe Sandwich Scalloped Potatoes Fresh Apple WG Hamburger Bun Milk	20	WG Chicken Zoo Nuggets - CN Peas & Carrots Fresh Orange Milk	21	WG Beefy Mac Casserole Mixed Greens Side Salad Ranch Dressing <i>Corn(1-2yr)</i> Pineapple Tidbits Milk
24	WG Breaded Chicken Sandwich - CN Diced Carrots Applesauce WG Hamburger Bun Milk	25	Soft Shell Beef Taco Taco Meat Shredded Cheese Pinto Beans Fresh Pear WG Tortilla Shell Milk	26	Cheeseburger - CN American Cheese Slice Cheesy Hashbrowns Fresh Apple WG Hamburger Bun Milk	27	BBQ Meatballs - CN Diced Sweet Potatoes Cinnamon Pears WG Dinner Roll Milk	28	Egg Salad Sandwich on WG Hot Dog Bun Coleslaw <i>Green Beans(1-2yr)</i> Fresh Orange Milk
31	Grilled Chicken Breast Sandwich - CN Ranch Mashed Potatoes Pineapple Tidbits WG Hamburger Bun Milk	1	WG Chicken Nuggets - CN Diced Carrots Fresh Pear Milk	2	WG Cheeseburger Mac Casserole Broccoli Cuts Fresh Apple Milk	3	Meatloaf in Tomato Gravy - CN Bacon Loaded Mashed Fresh Banana WG Breadstick Milk	4	Sliced Turkey & Amer. Cheese(.67oz) on WG Bun Potato Salad <i>Diced Potatoes(1-2yr)</i> Fresh Orange Milk <i>Holiday Treat</i>

Spaghetti & Meat Sauce					
BATCH YIELD (LBS)	20				
INGREDIENTS (LBS)					
Beef Ground Precooked	10	50.0%			
Pasta WG Spaghetti Noodles	4	20.0%			
Sauce Spaghetti Red Sodium	6	30.0%			
Nutritional Equivalencies					
	Serv/Yield	Grain (oz)	Meat (oz)		
School 9-12/Adult	6oz	1.2	3		
School K-8	6oz	1.2	3		
Daycare 6-12	5oz - #6 - 64	1	2.5		
Daycare 3-5	4oz - #8 - 80	0.8	2		
Daycare 1-2	3oz - #12 - 106	0.6	1.5		

Sloppy Joe			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	15.2	76.0%	
Sauce BBQ	2.2	11.0%	
Tomato Paste	1.6	8.0%	
Diced Onion	0.5	2.5%	
Diced Green Pepper	0.5	2.5%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	4oz		3
School K-8	4oz		3
Daycare 6-12	4oz - #8 - 80		3
Daycare 3-5	3oz - #12 - 106		2.2
Daycare 1-2	2oz - #16 - 160		1.5

Beef Macaroni Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	5	25.0%	
Sauce Tomato	3	15.0%	
Mix Gravy Brown	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5 - #6 - 64	1.2	2
Daycare 3-5	4 - #8 - 80	1	1.6
Daycare 1-2	3 - #12 - 106	0.7	1.2

Egg Salad			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cooked Diced Egg	15	75.0%	
Mayonaisse	4.5	22.5%	
Mustard	0.5	2.5%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	3oz		2.2
School K-8	3oz		2.2
Daycare 6-12	3oz - #12 - 106		2.2
Daycare 3-5	3oz - #12 - 106		2.2
Daycare 1-2	2oz - #16 - 160		1.5

Cheeseburger Macaroni			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta W/G Elbow Noodle	6	30.0%	
Cheese American Loaf	3	15.0%	
Mix Cheese Sauce	1.5	7.5%	
Canned Cheese Sauce	1.5	7.5%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.8	3.3
School K-8	6oz	1.8	3.3
Daycare 6-12	5oz + #6 - 64	1.5	2.7
Daycare 3-5	4oz + #8 - 80	1.2	2.2
Daycare 1-2	3oz + #12 - 106	0.9	1.6