


MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
29	Meatballs in Brown Gravy Broccoli Fruit Cocktail WG Breadstick Milk	30	WG Mac & Cheese Peas & Carrots Fresh Apple Milk	1	Beef & Cheese Taco Corn Tropical Fruit Mix WG Tortilla Shell Milk	2	WG Chicken Tenders - CN Mixed Vegetables Fresh Pear Milk <i>Holiday Treat!!</i>	3	Closed to Celebrate July 4th!  HAPPY 4th of JULY
6	Beefy WG Mac Casserole Diced Carrots Fruit Cocktail Milk	7	Hamburger Patty - CN Cheesy Mashed Potatoes Fresh Pear WG Hamburger Bun Milk	8	Cheesy Broccoli Chicken Breast - CN Mixed Greens Side Salad Ranch Dressing Corn(1-2yr) Strawberries & Pineapple WG Dinner Roll Milk	9	Pulled Pork Sandwich Coleslaw Green Peas(1-2yr) Fresh Apple WG Hamburger Bun Milk	10	WG Chicken Zoo Nuggets - CN Green Beans Fresh Orange Milk
13	Meatballs with Swedish Sauce - CN Mashed Potatoes Sliced Pears WG Breadstick Milk	14	Chicken Breast in Bacon Ranch Sauce - CN Broccoli Cuts Fresh Orange WG Dinner Roll Milk	15	Sliced Turkey & American Cheese(.67oz) on WG Bun Potato Salad Diced Potatoes(1-2yr) Fresh Apple Milk	16	WG Chicken Nuggets - CN Cheesy Hashbrowns Fresh Banana Milk	17	WG Spaghetti & Beef Sauce Mixed Vegetables Fresh Pear Milk
20	Sweet & Sour Chicken Breast - CN Peas & Carrots Pineapple Tidbits WG Dinner Roll Milk	21	Sloppy Joe Sandwich Augratin Potatoes Fresh Apple WG Hamburger Bun Milk	22	WG Chicken Tenders - CN Mashed Potatoes Strawberries & Mango Milk	23	Hamburger Patty in Tomato Gravy - CN Diced Sweet Potatoes Fresh Orange WG Breadstick Milk	24	Grilled Chicken Sandwich - CN BBQ Baked Beans Fresh Pear WG Hamburger Bun Milk
27	BBQ Pork Rib Patty Sandwich - CN Potato Medley Sliced Peaches WG Hot Dog Bun Milk	28	Cheeseburger - CN American Cheese Slice Ranch Mashed Potatoes Fresh Orange WG Hamburger Bun Milk	29	Meatballs in Marinara - CN Green Beans Fresh Apple WG Dinner Roll Milk	30	WG Chicken Zoo Nuggets - CN Country Blend Vegetables Fresh Banana Milk	31	WG Mac & Cheese Mixed Greens Side Salad Ranch Dressing Peas & Carrots(1-2yr) Fresh Pear Milk

Macaroni & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese American Loaf	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Mix Cheese Sauce	4	20.0%	
Canned Cheese Sauce	2	10.0%	
Water	2	10.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.2	2.4
School K-8	6oz	1.2	2.4
Daycare 6-12	5oz - #6 - 64	1	2
Daycare 3-5	4oz - #8 - 80	0.8	1.6
Daycare 1-2	3oz - #12 - 106	0.6	1.2

Beef Macaroni Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	5	25.0%	
Sauce Tomato	3	15.0%	
Mix Gravy Brown	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5 - #6 - 64	1.2	2
Daycare 3-5	4 - #8 - 80	1	1.6
Daycare 1-2	3 - #12 - 106	0.7	1.2

Spaghetti & Meat Sauce			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	50.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	6	30.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.2	3
School K-8	6oz	1.2	3
Daycare 6-12	5oz - #6 - 64	1	2.5
Daycare 3-5	4oz - #8 - 80	0.8	2
Daycare 1-2	3oz - #12 - 106	0.6	1.5

Sloppy Joe			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	15.2	76.0%	
Sauce BBQ	2.2	11.0%	
Tomato Paste	1.6	8.0%	
Diced Onion	0.5	2.5%	
Diced Green Pepper	0.5	2.5%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	4oz		3
School K-8	4oz		3
Daycare 6-12	4oz - #8 - 80		3
Daycare 3-5	3oz - #12 - 106		2.2
Daycare 1-2	2oz - #16 - 160		1.5