


MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
27	Egg Salad Sandwich on WG Bread Coleslaw Fruit Cocktail Milk	28	Fiesta Tortilla Cass. w/ Beef & WG Rice Diced Carrots Fresh Orange Milk	29	Chicken Breast in Country Gravy Mashed Potatoes Fresh Banana WG Bread Slice Milk	30	Meatball Marinara Sub Sandwich Diced Potatoes Fresh Pear WG Mini Hoagie Bun Milk	1	WG Chicken Nuggets - CN Green Beans Fresh Apple Milk
4	Beef & Cheese Tacos Corn Apricot Halves WG Tortilla Shell Milk	5	BBQ Pork Rib Patty Sandwich - CN BBQ Baked Beans Strawberries & Pineapple WG Mini Coney Bun Milk	6	WG Chicken Tenders - CN Potato Salad <i>Diced Potatoes (1-2)</i> Cinnamon Apples Milk	7	Meatballs in Tomato Gravy - CN Mashed Potatoes Fresh Pear WG Dinner Roll Milk	8	WG Breaded Fish Sandwich American Cheese Slice Green Beans Fresh Orange WG Hamburger Bun Milk
11	Grilled Chicken Sandwich - CN Mixed Vegetables Fruit Cocktail WG Hamburger Bun Milk	12	Beef & Tater Tot Casserole Country Blend Veggies Fresh Apple WG Breadstick Milk	13	WG Chicken Zoo Nuggets - CN Diced Sweet Potatoes Fresh Banana Milk	14	WG Spaghetti & Beef Sauce Mixed Greens Side Salad Ranch Dressing <i>Green Beans (1-2)</i> Fresh Orange Milk	15	Cheeseburger American Cheese Slice Cheesy Mashed Potatoes Fresh Pear WG Hamburger Bun Milk
18	WG Macaroni & White Cheese Broccoli Fruit Mix Milk	19	Sweet & Sour Chicken Breast - CN Peas & Carrots Fresh Pear WG Dinner Roll Milk	20	Chicken Pot Pie Mashed Potatoes Fresh Apple WG Breadstick Milk	21	WG Chicken Nuggets - CN Green Beans Fresh Orange Milk	22	Sloppy Joe Sandwich Augratin Potatoes Sliced Peaches WG Hamburger Bun Milk <i>*Bonus Holiday Treat</i>
27	Happy Memorial Day! 	26	Sliced Turkey with Amer. Cheese(.67oz) WG Bread Potato Salad <i>Diced Potatoes (1-2)</i> Fresh Orange Milk	27	Meatballs in Brown Gravy - CN Mashed Potatoes Fresh Banana WG Bread Slice Milk	28	Hamburger Patty - CN Cheesy Hashbrowns Fresh Apple <i>WG Hamburger Bun</i> Milk	29	Chicken Breast in Alfredo Sauce - CN Mixed Greens Side Salad Ranch Dressing <i>Peas (1-2)</i> Fresh Pear WG Breadstick Milk



Egg Salad			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cooked Diced Egg	15	75.0%	
Mayonaise	4.5	22.5%	
Mustard	0.5	2.5%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	3oz		2.2
School K-8	3oz		2.2
Daycare 6-12	3oz - #12 - 106		2.2
Daycare 3-5	3oz - #12 - 106		2.2
Daycare 1-2	2oz - #16 - 160		1.5

Fiesta Tortilla Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Rice Brown	5	25.0%	
Mix Cheese Sauce	2.8	14.0%	
Cheese Sauce, Canned	1.6	8.0%	
Cheese Cheddar/Jack Shred	1.2	6.0%	
Salsa Chunky Mild	1	5.0%	
Veg. Blend Chuckwagon Corn	0.4	2.0%	
Chip Tortilla Strip - Garnish			
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5 - #6 - 64	1.2	2
Daycare 3-5	4 - #8 - 80	1	1.6
Daycare 1-2	3 - #12 - 106	0.7	1.2

Beef & Tater Tot Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Ground Beef Precooked	8	40.0%	
Soup Mushroom	4.8	24.0%	
Mix Cheese Sauce	2.6	13.0%	
Canned Cheese Sauce	2.6	13.0%	
Green Bean	2	10.0%	
Tator Tots - 1 Layer Tops Every Pan			
Shred Cheese - 1 Layer Tops Every Pan			
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz		2.4
School K-8	6oz		2.4
Daycare 6-12	5oz - #6 - 64		2
Daycare 3-5	4oz - #8 - 80		1.6
Daycare 1-2	3oz - #12 - 106		1.2

Spaghetti & Meat Sauce			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	50.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	6	30.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.2	3
School K-8	6oz	1.2	3
Daycare 6-12	5oz - #6 - 64	1	2.5
Daycare 3-5	4oz - #8 - 80	0.8	2
Daycare 1-2	3oz - #12 - 106	0.6	1.5

White Mac & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese Amer. White Loaf	6	30.0%	
Pasta WG Elbow Noodle	6	30.0%	
Shredded Mozzarella	4	20.0%	
Cheese Sauce Blanco	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.8	3
School K-8	6oz	1.8	3
Daycare 6-12	5oz - #6 - 64	1.5	2.5
Daycare 3-5	4oz - #8 - 80	1.2	2
Daycare 1-2	3oz - #12 - 106	0.9	1.5

Chicken Pot Pie			
BATCH YIELD (LBS)	10		
INGREDIENTS (LBS)			
Chicken Meat Diced	4	40.0%	
Mix Chicken Gray	4	40.0%	
Vegetable Mix 5 Way	2	20.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz		2.4
School K-8	6oz		2.4
Daycare 6-12	5oz - #6 - 32		2
Daycare 3-5	4oz - #8 - 40		1.6
Daycare 1-2	3oz - #12 - 53		1.2

Sloppy Joe			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	15.2	76.0%	
Sauce BBQ	2.2	11.0%	
Tomato Paste	1.6	8.0%	
Diced Onion	0.5	2.5%	
Diced Green Pepper	0.5	2.5%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	4oz		3
School K-8	4oz		3
Daycare 6-12	4oz - #8 - 80		3
Daycare 3-5	3oz - #12 - 106		2.2
Daycare 1-2	2oz - #16 - 160		1.5