

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Cheeseburger - CN American Cheese Slice Green Peas Tropical Fruit WG Hamburger Bun Milk	3	WG Chicken Zoo Nuggets - CN Green Beans Fresh Apple Milk	4	Fiesta Tortilla Cass. w/ Beef & WG Rice Diced Carrots Fresh Pear Milk	5	Sweet & Sour Chicken Breast - CN Broccoli & Cauliflower Sliced Peaches WG Dinner Roll Milk	6	Cheese Omelet-CN in Cheese Sauce Breakfast Potatoes Fresh Orange WG Bread Slice Milk
9	Swedish Style Meatballs - CN Mashed Potatoes Apricot Halves WG Breadstick Milk	10	Beef & Cheese Taco Shredded Cheese Fiesta Corn Fruit Cocktail WG Tortilla Shell Milk	11	Chicken Breast & Country Gravy Mashed Potatoes Fresh Apple WG Bread Slice Milk	12	WG Chicken Nuggets-CN Mixed Vegetables Fresh Orange Milk	13	WG Breaded Fish & Cheese Sandwich Cheesy Hashbrowns Fresh Pear WG Hamburger Bun Tartar Sauce PC Milk
16	BBQ Pork Rib Patty - CN Coleslaw Fruit Cocktail WG Hot Dog Bun Milk	17	Happy St. Pat's Day! Beef & Tater Tot Casserole Carrot Coins Fresh Orange WG Dinner Roll Milk <i>Bonus Holiday Treat!</i>	18	WG Chicken Tenders - CN Cheesy Mash Potatoes Sliced Peaches Milk	19	Hamburger Patty - CN BBQ Baked Beans Fresh Pear WG Hamburger Bun Milk	20	WG Mac & Cheese Country Blend Veggies Fresh Apple Milk
23	Sloppy Joe Sandwich Scalloped Potatoes Sliced Pears WG Hamburger Bun Milk	24	Chicken Breast in Marinara Sauce - CN Garlic Whipped Potatoes Diced Peaches WG Breadstick Milk	25	Chicken & Waffles! WG Chicken Zoo Nuggets - CN Belgian Waffle Diced Sweet Potatoes Fresh Pear Milk	26	Meatballs in Brown Gravy - CN Diced Potatoes Fresh Orange WG Dinner Roll Milk	27	Chessy Tuna & WG Mac Casserole Mixed Vegetable Fresh Apple Milk
30	Hamburger - CN Ranch Whip Potatoes Pineapple Tidbits WG Hamburger Bun Milk	31	Cheesy Chicken Breast - CN Broccoli Cuts Fresh Orange WG Dinner Roll Milk	1	BBQ Pulled Pork Sandwich Diced Sweet Potatoes Fresh Apple WG Mini Hoagie Bun Milk	2	Beefy WG Mac Casserole Corn Strawberries & Peaches Milk	3	WG Breaded Fish Wedge Sandwich Mixed Vegetables Fresh Pear WG Hot Dog Bun Tartar Sauce PC Milk



Fiesta Tortilla Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Rice Brown	5	25.0%	
Mix Cheese Sauce	2.8	14.0%	
Cheese Sauce, Canned	1.6	8.0%	
Cheese Cheddar/Jack Shred	1.2	6.0%	
Salsa Chunky Mild	1	5.0%	
Veg. Blend Chuckwagon Com	0.4	2.0%	
Chip Tortilla Strip - Garnish			
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5 - #6 - 64	1.2	2
Daycare 3-5	4 - #8 - 80	1	1.6
Daycare 1-2	3 - #12 - 106	0.7	1.2

Beef & Tater Tot Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Ground Beef Precooked	8	40.0%	
Soup Mushroom	4.8	24.0%	
Mix Cheese Sauce	2.6	13.0%	
Canned Cheese Sauce	2.6	13.0%	
Green Bean	2	10.0%	
Tator Tots - 1 Layer Tops Every Pan			
Shred Cheese - 1 Layer Tops Every Pan			
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz		2.4
School K-8	6oz		2.4
Daycare 6-12	5oz - #6 - 64		2
Daycare 3-5	4oz - #8 - 80		1.6
Daycare 1-2	3oz - #12 - 106		1.2

Macaroni & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese American Loaf	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Mix Cheese Sauce	4	20.0%	
Canned Cheese Sauce	2	10.0%	
Water	2	10.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.2	2.4
School K-8	6oz	1.2	2.4
Daycare 6-12	5oz - #6 - 64	1	2
Daycare 3-5	4oz - #8 - 80	0.8	1.6
Daycare 1-2	3oz - #12 - 106	0.6	1.2

Sloppy Joe			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	15.2	76.0%	
Sauce BBQ	2.2	11.0%	
Tomato Paste	1.6	8.0%	
Diced Onion	0.5	2.5%	
Diced Green Pepper	0.5	2.5%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	4oz		3
School K-8	4oz		3
Daycare 6-12	4oz - #8 - 80		3
Daycare 3-5	3oz - #12 - 106		2.2
Daycare 1-2	2oz - #16 - 160		1.5

Tuna Macaroni & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese American Loaf	4	20.0%	
Pasta WG Elbow Noodle	4	20.0%	
Mix Cheese Sauce	4	20.0%	
Meat Tuna Light Pouch	4	20.0%	
Sauce Cheese Canned	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5 - #6 - 64	1	2
Daycare 3-5	4 - #8 - 80	0.8	1.6
Daycare 1-2	3 - #12 - 106	0.6	1.2

Beef Macaroni Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	5	25.0%	
Sauce Tomato	3	15.0%	
Mix Gravy Brown	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5 - #6 - 64	1.2	2
Daycare 3-5	4 - #8 - 80	1	1.6
Daycare 1-2	3 - #12 - 106	0.7	1.2