

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	<b>Chicken Breast in Country Gravy</b> Mashed Potatoes Pineapple Tidbits WG Breadstick Milk	3	<b>Ground Beef Philly Sandwich</b> Green Beans Fresh Apple WG Hot Dog Bun Milk	4	<b>WG Chicken Tenders - CN</b> Peas & Carrots Sliced Peaches Milk	5	<b>Beef Taco Cass. w/ WG Rotini Pasta</b> Corn Fresh Orange Milk	6	<b>Hamburger Patty with Marinara</b> Mashed Potatoes Fresh Pear WG Breadstick Milk
9	<b>WG Chicken Nuggets - CN</b> Cheesy Mash Potatoes Cinnamon Apples Milk	10	<b>Breakfast for Lunch! Cheese Omelet - CN in Cheese Sauce</b> Breakfast Potatoes Apricot Halves WG Blueberry Muffin Top Milk	11	<b>Sweet &amp; Sour Meatballs - CN</b> Broccoli Cuts Fresh Apple WG Bread Slice Milk	12	<b>BBQ Chicken Breast Sandwich</b> Coleslaw Fresh Orange WG Hamburger Bun Milk	13	<b>WG Spaghetti &amp; Beef Sauce</b> Mixed Greens Salad Ranch Dressing Fresh Pear Milk <i>Holiday Treat!</i>
16	<b>Hamburger Patty-CN</b> BBQ Baked Beans Tropical Fruit Mix WG Hamburger Bun Milk	17	<b>Chicken Breast in Gravy - CN</b> Mashed Potatoes Fresh Apple WG Dinner Roll Milk	18	<b>WG Chicken Zoo Nuggets - CN</b> Diced Potatoes Pineapple Tidbits Milk	19	<b>Beef &amp; Shredded Cheese Tacos</b> Corn Fresh Orange WG Tortilla Shell Milk	20	<b>WG Mac &amp; Cheese</b> Mixed Vegetables Fresh Pear Milk
23	<b>Sloppy Joe Sandwich</b> Augratin Potatoes Sliced Peaches WG Hamburger Bun Milk	24	<b>All Beef Hot Dog - CN</b> Diced Potatoes Fresh Orange WG Hot Dog Bun Milk	25	<b>Chicken &amp; Waffles!</b> WG Chicken Tenders Belgian Waffle Honey Glazed Carrots Fresh Apple Milk	26	<b>Ham &amp; Scalloped Potatoes</b> Peas & Carrots Fresh Pear WG Breadstick Milk	27	<b>Creamy Tuna &amp; WG Pasta Cass</b> Country Blend Veggies Strawberries & Mango Milk



Ground Beef Philly			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	16	80.0%	
Peppers & Onions	2	10.0%	
Canned Queso Sauce	2	10.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	4oz		3.2
School K-8	4oz		3.2
Daycare 6-12	4oz - #8 - 80		3.2
Daycare 3-5	3oz - #12 - 106		2.4
Daycare 1-2	2oz - #16 - 160		1.6

Beef Taco Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8.7	43.5%	
Pasta WG Rotini	5	25.0%	
Sauce Mix Cheese	4	20.0%	
Diced Onion	0.8	4.0%	
Diced Tomato	0.8	4.0%	
Diced Pepper	0.7	3.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.6
School K-8	6	1.5	2.6
Daycare 6-12	5 - #6 - 64	1.2	2.1
Daycare 3-5	4 - #8 - 80	1	1.7
Daycare 1-2	3 - #12 - 106	0.7	1.3

Spaghetti & Meat Sauce			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	50.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	6	30.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.2	3
School K-8	6oz	1.2	3
Daycare 6-12	5oz - #6 - 64	1	2.5
Daycare 3-5	4oz - #8 - 80	0.8	2
Daycare 1-2	3oz - #12 - 106	0.6	1.5

Macaroni & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese American Loaf	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Mix Cheese Sauce	4	20.0%	
Cannned Cheese Sauce	2	10.0%	
Water	2	10.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.2	2.4
School K-8	6oz	1.2	2.4
Daycare 6-12	5oz - #6 - 64	1	2
Daycare 3-5	4oz - #8 - 80	0.8	1.6
Daycare 1-2	3oz - #12 - 106	0.6	1.2

Sloppy Joe			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	15.2	76.0%	
Sauce BBQ	2.2	11.0%	
Tomato Paste	1.6	8.0%	
Diced Onion	0.5	2.5%	
Diced Green Pepper	0.5	2.5%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	4oz		3
School K-8	4oz		3
Daycare 6-12	4oz - #8 - 80		3
Daycare 3-5	3oz - #12 - 106		2.2
Daycare 1-2	2oz - #16 - 160		1.5

Ham & Scalloped Potato			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Ham Diced	8	40.0%	
Potato Scalloped Dehydrated	12	60.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5 - #6 - 64		2
Daycare 3-5	4 - #8 - 80		1.6
Daycare 1-2	3 - #12 - 106		1.2

Creamy Tuna Mac			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Meat Tuna Light	8	40.0%	
Pasta WG Elbow Pasta	4	20.0%	
Mix Alfredo Sauce	4	20.0%	
Mix Cream Soup	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5 - #6 - 64	1	2
Daycare 3-5	4 - #8 - 80	0.8	1.6
Daycare 1-2	3 - #12 - 106	0.6	1.2