


MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
29	Sliced Turkey(CN) & American Cheese on WG Bun Coleslaw Pineapple Tidbits Milk	30	WG Chicken Nuggets - CN Peas & Carrots Fresh Pear Milk	31	Swedish Style Meatballs - CN Mashed Potatoes Fresh Apple WG Dinner Roll Milk	1		2	BBQ Pork Rib Sandwich - CN Green Beans Fresh Orange WG Hot Dog Bun Milk
5	Sloppy Joe Sandwich Broccoli Cuts Pineapple Tidbits WG Hamburger Bun Milk	6	WG Breaded Chicken Sandwich - CN Twice Baked Mash Potato Fresh Orange WG Hamburger Bun Milk	7	Beef & Cheese Taco Shredded Cheese Fiesta Corn Fresh Apple WG Tortilla Shell Milk	8	WG Chicken Zoo Nuggets - CN Green Beans Fresh Pear Milk	9	BBQ Chicken Breast Sandwich - CN Diced Sweet Potatoes Apricot Halves WG Hamburger Bun Milk
12	Beef Meatballs - CN in Stroganoff Gravy Diced Carrots Cinnamon Applesauce WG Dinner Roll Milk	13	WG Spaghetti & Beef Sauce Corn Fresh Orange Milk	14	WG Chicken Tenders - CN Mashed Potatoes Fresh Apple Milk	15	Chicken Alfredo w/ WG Rotini Pasta Broccoli Cuts Tropical Fruit Mix Milk	16	Hamburger Patty - CN Augratin Potatoes Fresh Pear WG Hamburger Bun Milk
19	Pulled Pork Sandwich Cheesy Hashbrowns Fruit Cocktail WG Hamburger Bun Milk	20	WG Chicken Nuggets - CN Diced Carrots Pineapple Tidbits Milk	21	Ground Beef Philly Sandwich Ranch Whip Potatoes Fresh Pear WG Hot Dog Bun Milk	22	Meatballs in Brown Gravy - CN Green Beans Fresh Orange WG Breadstick Milk	23	Cheese Omelet in Cheese Sauce - CN Diced Potatoes Fresh Apple WG Blueberry Muffin Milk
26	WG Mac & Cheese Green Peas Pineapple Tidbits Milk	27	WG Chicken Zoo Nuggets - CN Corn Fresh Apple Milk	28	Turkey Tetrizzini w/ WG Spaghetti Mixed Vegetables Fresh Orange Milk	29	Cheeseburger - CN American Cheese Slice BBQ Baked Beans Sliced Peaches WG Hamburger Bun Milk	30	WG Beefy Mac Casserole Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk



Sloppy Joe			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	15.2	76.0%	
Sauce BBQ	2.2	11.0%	
Tomato Paste	1.6	8.0%	
Diced Onion	0.5	2.5%	
Diced Green Pepper	0.5	2.5%	
Nutritional Equivalencies			
	Serv(yz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4oz		3
School K-8	4oz		3
Daycare 6-12	4oz - #8 - 80		3
Daycare 3-5	3oz - #12 - 106		2.2
Daycare 1-2	2oz - #16 - 160		1.5

Turkey Tetrazzini			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Turkey Meat Diced	8	40.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Cream Base Mix	3.4	17.0%	
Alfredo Sauce Mix	3.4	17.0%	
Diced Pepper	0.6	3.0%	
Sliced Mushrooms	0.6	3.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	60z	1.2	2.4
School K-8	60z	1.2	2.4
Daycare 6-12	50z - #6 - 64	1	2
Daycare 3-5	40z - #8 - 80	0.8	1.6
Daycare 1-2	30z - #12 - 106	0.6	1.2

Spaghetti & Meat Sauce			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	50.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	6	30.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.2	3
School K-8	6oz	1.2	3
Daycare 6-12	5oz - #6 - 64	1	2.5
Daycare 3-5	4oz - #8 - 80	0.8	2
Daycare 1-2	3oz - #12 - 106	0.6	1.5

Beef Macaroni Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	5	25.0%	
Sauce Tomato	3	15.0%	
Mix Gravy Brown	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5 - #6 - 64	1.2	2
Daycare 3-5	4 - #8 - 80	1	1.6
Daycare 1-2	3 - #12 - 106	0.7	1.2

Chicken Alfredo			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chicken Meat Diced	8	40.0%	
Pasta WG Rotini Noodles	5	25.0%	
Mix Country Graw	3.5	17.5%	
Mix Alfredo Sauce	3.5	17.5%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.5	2.4
School K-8	6oz	1.5	2.4
Daycare 6-12	5oz - #6 - 64	1.2	2
Daycare 3-5	4oz - #8 - 80	1	1.6
Daycare 1-2	3oz - #12 - 106	0.7	1.2

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Macaroni & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese American Loaf	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Mix Cheese Sauce	4	20.0%	
Canned Cheese Sauce	2	10.0%	
Water	2	10.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	60z	1.2	2.4
School K-8	60z	1.2	2.4
Daycare 6-12	50z - #6 - 64	1	2
Daycare 3-5	40z - #8 - 80	0.8	1.6
Daycare 1-2	30z - #12 - 106	0.6	1.2