

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Chicken Breast in Chicken Gravy - CN Mashed Potatoes Sliced Peaches WG Dinner Roll Milk	4	Meatball Sub Sandwich - CN Green Beans Fresh Orange WG Hot Dog Bun Milk	5	Taco Joe Sandwich Corn Strawberry Applesauce WG Hamburger Bun Milk	6	Ham & Au gratin Potatoes Mixed Greens Side Salad Ranch Dressing WG Dinner Roll Milk	7	WG Chicken Nuggets - CN Scalloped Potatoes Fresh Apple Milk
10	WG Cheeseburger Mac Casserole Peas & Carrots Peaches & Pineapple Milk	11	Breaded Chicken Sandwich - CN Diced Sweet Potatoes Fresh Apple WG Hamburger Bun Milk	12	Meatballs in Brown Gravy - CN Mashed Potatoes Fruit Cocktail WG Dinner Roll Milk	13	BBQ Pork Rib Patty - CN BBQ Baked Beans Fresh Orange WG Hot Dog Bun Milk	14	WG Chicken Tenders - CN Carrot Coins Fresh Pear Milk
17	Beef & Cheese Taco Shredded Cheese Pinto Beans Mandarin Oranges WG Tortilla Shell Milk	18	Cheeseburger - CN American Cheese Slice Cheesy Hashbrowns Fresh Apple WG Hamburger Bun Milk	19	WG Chicken Nuggets - CN Diced Carrots Diced Peaches Milk	20	Chicken Breast(CN) in Cheesy Broccoli Sauce Diced Potatoes Fresh Orange WG Breadstick Milk	21	Beef Taco Casserole w/ WG Rotini Pasta Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk
24	BBQ Meatballs - CN Au gratin Potatoes Pineapple Tidbits WG Breadstick Milk	25	WG Chicken Tenders - CN Ranch Mashed Potatoes Fresh Pear Milk	26	WG Mac & Cheese Green Beans Fresh Apple Milk <i>Bonus Holiday Treat!</i>	27			
									



Taco Joe			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	16	80.0%	
Tomato Paste	1	5.0%	
Diced Onion	0.8	4.0%	
Diced Pepper	0.8	4.0%	
Diced Tomato	0.8	4.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3.2
School K-8	4		3.2
Daycare 6-12	4 - #8 - 80		3.2
Daycare 3-5	3 - #12 - 106		2.4
Daycare 1-2	2 - #16 - 160		1.6

Ham & AuGratin Potato			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Ham Meat Diced	9	45.0%	
Potato AuGratin Dehydrated	11	55.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.7
School K-8	6		2.7
Daycare 6-12	5oz - #6 - 64		2.2
Daycare 3-5	4oz - #8 - 80		1.8
Daycare 1-2	3oz - #12 - 106		1.3

Cheeseburger Macaroni			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	6	30.0%	
Cheese American Loaf	3	15.0%	
Mix Cheese Sauce	1.5	7.5%	
Canned Cheese Sauce	1.5	7.5%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.8	3.3
School K-8	6oz	1.8	3.3
Daycare 6-12	5oz - #6 - 64	1.5	2.7
Daycare 3-5	4oz - #8 - 80	1.2	2.2
Daycare 1-2	3oz - #12 - 106	0.9	1.6

Beef Taco Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8.7	43.5%	
Pasta WG Rotini	5	25.0%	
Sauce Mix Cheese	4	20.0%	
Diced Onion	0.8	4.0%	
Diced Tomato	0.8	4.0%	
Diced Pepper	0.7	3.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.6
School K-8	6	1.5	2.6
Daycare 6-12	5 - #6 - 64	1.2	2.1
Daycare 3-5	4 - #8 - 80	1	1.7
Daycare 1-2	3 - #12 - 106	0.7	1.3

Macaroni & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese American Loaf	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Mix Cheese Sauce	4	20.0%	
Canned Cheese Sauce	2	10.0%	
Water	2	10.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.2	2.4
School K-8	6oz	1.2	2.4
Daycare 6-12	5oz - #6 - 64	1	2
Daycare 3-5	4oz - #8 - 80	0.8	1.6
Daycare 1-2	3oz - #12 - 106	0.6	1.2