

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
29	Pulled Pork Sandwich Potato Salad Pineapple Tidbits WG Hamburger Bun Milk	30	Cheeseburger Mac with WG Elbows Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk	1	WG Chicken Tenders - CN Corn Fresh Apple Milk	2	Breakfast for Lunch! Cheese Omelet in Cheese Sauce - CN Diced Potatoes Fresh Banana WG Biscuit Milk	3	Hamburger Patty - CN Cheesy Mashed Potatoes Fresh Orange WG Hamburger Bun Milk
6	Pulled Chicken Tacos with Shredded Cheese Pinto Beans Sliced Pears WG Tortilla Shell Milk	7	Chicken Pot Pie over Mashed Potatoes Fresh Apple WG Dinner Roll Milk	8	Ground Beef Philly Diced Potatoes Fresh Pear WG Hot Dog Bun Milk	9	WG Chicken Nuggets - CN Peas & Carrots Fresh Banana Milk	10	WG Spaghetti & Beef Sauce Mixed Greens Side Salad Ranch Dressing Fresh Orange Milk
13	Chicken Breast in Country Gravy - CN Green Beans Mandarin Oranges WG Breadstick Milk	14	BBQ Meatballs BBQ Baked Beans Fresh Pear WG Bread Slice Milk	15	Beef Patty in Brown Gravy - CN Mashed Potatoes Fresh Orange WG Dinner Roll Milk	16	WG Chicken Tenders - CN Country Blend Veggies Fresh Apple Milk	17	Beefy Mac Cass. with WG Elbows Corn Fresh Banana Milk
20	Cheeseburger American Cheese Slice Garlic Mash Potatoes Tropical Fruit WG Hamburger Bun Milk	21	BBQ Pork Rib Sandwich - CN Mixed Vegetables Fresh Apple WG Hot Dog Bun Milk	22	WG Chicken Nuggets - CN BBQ Baked Beans Fresh Banana Milk	23	WG Mac & Cheese Mixed Greens Side Salad Ranch Dressing Fresh Orange Milk	24	Meatballs in Brown Gravy - CN Whipped Potatoes Fresh Pear WG Breadstick Milk
27	Pulled Pork Sandwich Country Blend Veggies Pineapple Tidbits WG Hamburger Bun Milk	28	WG Chicken Tenders - CN Corn Fresh Pear Milk	29	Sweet & Sour Meatballs - CN Peas & Carrots Fresh Orange WG Breadstick Milk	30	BBQ Chicken Breast Sandwich - CN Cheesy Mash Potatoes Fresh Banana WG Hamburger Bun Milk	31	Beef & Tater Tot Casserole Mixed Vegetables Fresh Apple WG Dinner Roll Milk



*Bonus Holiday Treat!

Cheeseburger Macaroni			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	6	30.0%	
Cheese American Loaf	3	15.0%	
Mix Cheese Sauce	1.5	7.5%	
Canned Cheese Sauce	1.5	7.5%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.8	3.3
School K-8	6oz	1.8	3.3
Daycare 6-12	5oz + #6 - 64	1.5	2.7
Daycare 3-5	4oz + #8 - 80	1.2	2.2
Daycare 1-2	3oz + #12 - 106	0.9	1.6

Macaroni & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese American Loaf	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Mix Cheese Sauce	4	20.0%	
Canned Cheese Sauce	2	10.0%	
Water	2	10.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	60z	1.2	2.4
School K-8	60z	1.2	2.4
Daycare 6-12	50z - #6 - 64	1	2
Daycare 3-5	40z - #8 - 80	0.8	1.6
Daycare 1-2	30z - #12 - 106	0.6	1.2

Chicken Pot Pie			
BATCH YIELD (LBS)	10		
INGREDIENTS (LBS)			
Chicken Meat Diced	4	40.0%	
Mix Chicken Gravy	4	40.0%	
Vegetable Mix 5 Way	2	20.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz		2.4
School K-8	6oz		2.4
Daycare 6-12	5oz - #6 - 32		2
Daycare 3-5	4oz - #8 - 40		1.6
Daycare 1-2	3oz - #12 - 53		1.2

Beef & Tater Tot Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Ground Beef Precooked	8	40.0%	
Soup Mushroom	4.8	24.0%	
Mix Cheese Sauce	2.6	13.0%	
Canned Cheese Sauce	2.6	13.0%	
Green Bean	2	10.0%	
Tator Tots - 1 Layer Tops Every Pan			
Shred Cheese - 1 Layer Tops Every Pan			
Nutritional Equivalencies			
	Serv/10z	Grain (oz)	Meat (oz)
School 9-12/Adult	60z		2.4
School K-8	60z		2.4
Daycare 6-12	50z - #6 - 64		2
Daycare 3-5	40z - #8 - 80		1.6
Daycare 1-2	30z - #12 - 106		1.2

Ground Beef Philly			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	16	80.0%	
Peppers & Onions	2	10.0%	
Canned Queso Sauce	2	10.0%	
Nutritional Equivalencies	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	4oz		3.2
School K-8	4oz		3.2
Daycare 6-12	4oz - #8 - 80		3.2
Daycare 3-5	3oz - #12 - 106		2.4
Daycare 1-2	2oz - #16 - 160		1.6

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Beef Macaroni Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	5	25.0%	
Sauce Tomato	3	15.0%	
Mix Gravy Brown	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 5-12	5 - #6 - 64	1.2	2
Daycare 5-5	4 - #8 - 80	1	1.6
Daycare 1-2	3 - #12 - 106	0.7	1.2