


MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Labor Day 	2	Taco Joe Sandwich Diced Carrots Fresh Pear WG Hamburger Bun Milk	3	Ham & Scalloped Potato Casserole Fresh Celery Sticks WG Breadstick Milk	4	Meatballs in Marinara - CN Green Beans Fresh Orange WG Breadstick Milk	5	WG Chicken Nuggets - CN Cheesy Mash Potatoes Fresh Banana Milk
8	Grilled Chicken Breast Sandwich - CN Ranch Mashed Potatoes Mandarin Oranges WG Hamburger Bun Milk	9	Hamburger Patty in Tomato Gravy - CN Mixed Vegetables Fruit Mix WG Dinner Roll Milk	10	WG Chicken Tenders - CN Diced Sweet Potatoes Fresh Apple Milk	11	Cheesy Beef & WG Rice Casserole Mixed Greens Side Salad Ranch Dressing Fresh Banana Milk	12	BBQ Pork Rib Patty - CN Cheesy Hashbrowns Fresh Pear WG Hot Dog Bun Milk
15	Meatballs in Brown Gravy - CN Mashed Potatoes Tropical Fruit WG Dinner Roll Milk	16	Sliced Turkey & American Cheese(.67oz) on WG Bun Fresh Carrot Chips Fresh Pear Milk	17	WG Macaroni & Cheese Green Peas Fresh Orange Milk	18	Cheesy Broccoli Chicken Breast - CN Mixed Vegetables Fresh Banana WG Breadstick Milk	19	Sloppy Joe Sandwich Twice Baked Mash Potatoes Fresh Apple WG Hamburger Bun Milk
22	WG Chicken Nuggets - CN Corn Pineapple Tidbits Milk	23	Meatball Sub with Marinara Sauce Broccoli Fresh Apple WG Mini Coney Bun Milk	24	Cheeseburger American Cheese Potato Wedges Peaches & Strawberries WG Hamburger Bun Milk	25	Chicken Breast in Country Gravy Mashed Potatoes Fresh Pear WG Breadstick Milk	26	WG Spaghetti & Beef Sauce Green Beans Fresh Orange Milk
29	Pulled Pork Sandwich Potato Salad Pineapple Tidbits WG Hamburger Bun Milk	30	Cheeseburger Mac with WG Elbows Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk	1	WG Chicken Tenders - CN Corn Fresh Apple Milk	2	Breakfast for Lunch! Cheese Omelet in Cheese Sauce - CN Diced Potatoes Fresh Banana WG Biscuit Milk	3	Hamburger Patty - CN Cheesy Mashed Potatoes Fresh Orange WG Hamburger Bun Milk

Taco Joe				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	16	80.0%		
Tomato Paste	1	5.0%		
Diced Onion	0.8	4.0%		
Diced Pepper	0.8	4.0%		
Diced Tomato	0.8	4.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	4		3.2	
School K-8	4		3.2	
Daycare 6-12	4 - #8 - 80		3.2	
Daycare 3-5	3 - #12 - 106		2.4	
Daycare 1-2	2 - #16 - 160		1.6	

Spaghetti & Meat Sauce				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	10	50.0%		
Pasta WG Spaghetti Noodles	4	20.0%		
Sauce Spaghetti Red. Sodium	6	30.0%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.2	3	
School K-8	6oz	1.2	3	
Daycare 6-12	5oz - #6 - 64	1	2.5	
Daycare 3-5	4oz - #8 - 80	0.8	2	
Daycare 1-2	3oz - #12 - 106	0.6	1.5	

Ham & Scalloped Potato				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Ham	8	40.0%		
Potato Scalloped Dehydrated	12	60.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6		2.4	
School K-8	6		2.4	
Daycare 6-12	5 - #6 - 64		2	
Daycare 3-5	4 - #8 - 80		1.6	
Daycare 1-2	3 - #12 - 106		1.2	

Cheeseburger Macaroni				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	8	40.0%		
Pasta WG Elbow Noodle	6	30.0%		
Cheese American Loaf	3	15.0%		
Mix Cheese Sauce	1.5	7.5%		
Canned Cheese Sauce	1.5	7.5%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.8	3.3	
School K-8	6oz	1.8	3.3	
Daycare 6-12	5oz - #6 - 64	1.5	2.7	
Daycare 3-5	4oz - #8 - 80	1.2	2.2	
Daycare 1-2	3oz - #12 - 106	0.9	1.6	

Cheesy Beef & Rice				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	8.1	40.5%		
Brown Rice	4	20.0%		
Mix Cheese Sauce	3.2	16.0%		
Canned Cheese Sauce	3.2	16.0%		
Diced Carrots	0.8	4.0%		
Diced Celery	0.7	3.5%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	1.2	2.4	
School K-8	6	1.2	2.4	
Daycare 6-12	5 - #6 - 64	1	2	
Daycare 3-5	4 - #8 - 80	0.8	1.6	
Daycare 1-2	3 - #12 - 106	0.6	1.2	

Macaroni & Cheese				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Cheese American Loaf	8	40.0%		
Pasta WG Elbow Noodle	4	20.0%		
Mix Cheese Sauce	4	20.0%		
Canned Cheese Sauce	2	10.0%		
Water	2	10.0%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.2	2.4	
School K-8	6oz	1.2	2.4	
Daycare 6-12	5oz - #6 - 64	1	2	
Daycare 3-5	4oz - #8 - 80	0.8	1.6	
Daycare 1-2	3oz - #12 - 106	0.6	1.2	

Sloppy Joe				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	15.2	76.0%		
Sauce BBQ	2.2	11.0%		
Tomato Paste	1.6	8.0%		
Diced Onion	0.5	2.5%		
Diced Green Pepper	0.5	2.5%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	4oz		3	
School K-8	4oz		3	
Daycare 6-12	4oz - #8 - 80		3	
Daycare 3-5	3oz - #12 - 106		2.2	
Daycare 1-2	2oz - #16 - 160		1.5	