


MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
30	Meatballs in Marinara - CN Broccoli Fruit Cocktail WG Breadstick Milk	1	WG Chicken Nuggets - CN Peas & Carrots Fresh Apple Milk	2	Cheeseburger - CN American Cheese BBQ Baked Beans Fresh Banana WG Hamburger Bun Milk	3	WG Macaroni & Cheese Mixed Vegetables Fresh Pear Milk <i>Holiday Treat!!</i>	4	
7	Cheeseburger Mac w/ WG Pasta Diced Carrots Fruit Cocktail Milk	8	Hamburger Patty - CN Cheesy Mashed Potatoes Fresh Pear WG Hamburger Bun Milk	9	Cheesy Broccoli Chicken Breast - CN Mixed Greens Side Salad Ranch Dressing Strawberries & Pineapple WG Dinner Roll Milk	10	Meatballs in Brown Gravy - CN Mashed Potatoes Fresh Apple WG Breadstick Milk	11	WG Chicken Tenders - CN Green Beans Fresh Orange Milk
14	BBQ Pork Rib Patty Sandwich - CN Corn Sliced Pears WG Hamburger Bun Milk	15	Cheesy Beef & WG Rice Casserole Broccoli Cuts Fresh Orange Milk	16	Sliced Turkey & American Cheese on WG Bun Potato Salad Fresh Apple Milk	17	WG Chicken Nuggets - CN Cheesy Hashbrowns Fresh Banana Milk	18	WG Spaghetti & Beef Sauce Mixed Vegetables Fresh Pear Milk
21	Sweet & Sour Chicken Breast - CN Peas & Carrots Pineapple Tidbits WG Dinner Roll Milk	22	WG Chicken Tenders - CN Diced Potatoes Fresh Apple Milk	23	Sloppy Joe Sandwich Mashed Potatoes Strawberries & Mango WG Hamburger Bun Milk	24	Hamburger Patty in Tomato Gravy - CN Diced Sweet Potatoes Fresh Orange WG Breadstick Milk	25	Grilled Chicken Sandwich - CN BBQ Baked Beans Fresh Pear WG Hamburger Bun Milk
28	Pulled Pork Sandwich Scalloped Potatoes Sliced Peaches WG Hamburger Bun Milk	29	Cheesy Chicken Philly Sandwich Broccoli Cuts Fresh Orange WG Mini Hoagie Bun Milk	30	Meatballs in Marinara - CN Potato Wedges Fresh Apple WG Dinner Roll Milk	31	WG Chicken Nuggets - CN Country Blend Vegetables Fresh Banana Milk	1	WG Mac & Cheese Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk

Macaroni & Cheese				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Cheese American Loaf	8	40.0%		
Pasta WG Elbow Noodle	4	20.0%		
Mix Cheese Sauce	4	20.0%		
Cannned Cheese Sauce	2	10.0%		
Water	2	10.0%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.2	2.4	
School K-8	6oz	1.2	2.4	
Daycare 6-12	5oz - #6 - 64	1	2	
Daycare 3-5	4oz - #8 - 80	0.8	1.6	
Daycare 1-2	3oz - #12 - 106	0.6	1.2	

Cheeseburger Macaroni				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	8	40.0%		
Pasta WG Elbow Noodle	6	30.0%		
Cheese American Loaf	3	15.0%		
Mix Cheese Sauce	1.5	7.5%		
Canned Cheese Sauce	1.5	7.5%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.8	3.3	
School K-8	6oz	1.8	3.3	
Daycare 6-12	5oz - #6 - 64	1.5	2.7	
Daycare 3-5	4oz - #8 - 80	1.2	2.2	
Daycare 1-2	3oz - #12 - 106	0.9	1.6	

Cheesy Beef & Rice				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	8.1	40.5%		
Brown Rice	4	20.0%		
Mix Cheese Sauce	3.2	16.0%		
Canned Cheese Sauce	3.2	16.0%		
Diced Carrots	0.8	4.0%		
Diced Celery	0.7	3.5%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	1.2	2.4	
School K-8	6	1.2	2.4	
Daycare 6-12	5 - #6 - 64	1	2	
Daycare 3-5	4 - #8 - 80	0.8	1.6	
Daycare 1-2	3 - #12 - 106	0.6	1.2	

Spaghetti & Meat Sauce				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	10	50.0%		
Pasta WG Spaghetti Noodles	4	20.0%		
Sauce Spaghetti Red. Sodium	6	30.0%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.2	3	
School K-8	6oz	1.2	3	
Daycare 6-12	5oz - #6 - 64	1	2.5	
Daycare 3-5	4oz - #8 - 80	0.8	2	
Daycare 1-2	3oz - #12 - 106	0.6	1.5	

Sloppy Joe				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	15.2	76.0%		
Sauce BBQ	2.2	11.0%		
Tomato Paste	1.6	8.0%		
Diced Onion	0.5	2.5%		
Diced Green Pepper	0.5	2.5%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	4oz		3	
School K-8	4oz		3	
Daycare 6-12	4oz - #8 - 80		3	
Daycare 3-5	3oz - #12 - 106		2.2	
Daycare 1-2	2oz - #16 - 160		1.5	

Chicken Philly				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Diced Chicken	16	80.0%		
Peppers & Onions	2	10.0%		
White Cheese Sauce	2	10.0%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	3oz		2.7	
School K-8	3oz		2.7	
Daycare 6-12	3oz - #12 - 106		2.7	
Daycare 3-5	2oz - #16 - 160		1.8	
Daycare 1-2	1oz - #30 - 320		0.9	