


MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	<b>WG Spaghetti &amp; Meat Sauce</b> Peas & Carrots Mandarin Oranges Milk	3	<b>Deli Turkey &amp; American Cheese on WG Bread</b> Potato Salad Sliced Peaches Milk	4	<b>WG Chicken Tenders - CN</b> Diced Potatoes Fresh Apple Milk	5	<b>BBQ Meatballs - CN</b> BBQ Baked Beans Fresh Banana WG Breadstick Milk	6	<b>Cheesy Chicken Breast - CN</b> Mixed Greens Side Salad Ranch Dressing Fresh Pear WG Dinner Roll Milk
9	<b>Beef Hot Dog - CN</b> Mashed Potatoes Fruit Cocktail WG Hot Dog Bun Milk	10	<b>Beef Patty in Marinara - CN</b> Diced Potatoes Fresh Pear WG Dinner Roll Milk	11	<b>WG Chicken Nuggets - CN</b> Carrot Coins Fresh Apple Milk	12	<b>WG Cheeseburger Macaroni</b> Mixed Greens Side Salad Ranch Dressing Fresh Banana Milk	13	<b>Chicken Breast w/ Cordon Bleu Sauce</b> Broccoli Fresh Orange WG Breadstick Milk
16	<b>BBQ Pork Rib Patty Sandwich - CN</b> Diced Sweet Potatoes Pineapple Tidbits WG Mini Hoagie Bun Milk	17	<b>Beef Taco Joe Sandwich</b> Potato Wedges Fresh Pear WG Hamburger Bun Milk	18	<b>Meatballs with Stroganoff Sauce - CN</b> Twice Baked Mash Potatoes Fresh Banana WG Bread Slice Milk	19	<b>WG Breaded Chicken Sandwich - CN</b> Corn Fresh Orange WG Hamburger Bun Milk	20	<b>Deli Turkey &amp; American Cheese on WG Bread</b> Coleslaw Fresh Apple Milk
23	<b>Chicken Breast in Country Gravy</b> Mashed Potatoes Applesauce WG Dinner Roll Milk	24	<b>Chicken &amp; Waffles!</b> WG Chicken Tenders WG Belgian Waffle Diced Sweet Potatoes Fresh Pear Milk	25	<b>Fiesta Beef, Tortilla &amp; WG Rice Casserole</b> Mixed Greens Side Salad Ranch Dressing Fresh Orange Milk	26	<b>Sloppy Joe Sandwich</b> Potato Wedges Fresh Apple WG Hamburger Bun Milk	27	<b>Chicken Tetrizzini w/ WG Spaghetti</b> Green Peas Fresh Banana Milk
30	<b>Meatballs in Marinara - CN</b> Broccoli Fruit Cocktail WG Breadstick Milk	1	<b>WG Chicken Nuggets - CN</b> Peas & Carrots Fresh Apple Milk	2	<b>Cheeseburger - CN</b> American Cheese BBQ Baked Beans Fresh Banana WG Hamburger Bun Milk	3	<b>WG Macaroni &amp; Cheese</b> Mixed Vegetables Fresh Pear Milk <i>Holiday Treat!!</i>	4	

Spaghetti & Meat Sauce				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	10	50.0%		
Pasta WG Spaghetti Noodles	4	20.0%		
Sauce Spaghetti Red. Sodium	6	30.0%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.2	3	
School K-8	6oz	1.2	3	
Daycare 6-12	5oz - #6 - 64	1	2.5	
Daycare 3-5	4oz - #8 - 80	0.8	2	
Daycare 1-2	3oz - #12 - 106	0.6	1.5	

Chicken Tetrazzini				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Chicken Meat Diced	8	40.0%		
Pasta WG Spaghetti Noodles	4	20.0%		
Cream Base Mix	3.4	17.0%		
Alfredo Sauce Mix	3.4	17.0%		
Diced Pepper	0.6	3.0%		
Sliced Mushrooms	0.6	3.0%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.2	2.4	
School K-8	6oz	1.2	2.4	
Daycare 6-12	5oz - #6 - 64	1	2	
Daycare 3-5	4oz - #8 - 80	0.8	1.6	
Daycare 1-2	3oz - #12 - 106	0.6	1.2	

Cheeseburger Macaroni				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	8	40.0%		
Pasta WG Elbow Noodle	6	30.0%		
Cheese American Loaf	3	15.0%		
Mix Cheese Sauce	1.5	7.5%		
Canned Cheese Sauce	1.5	7.5%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.8	3.3	
School K-8	6oz	1.8	3.3	
Daycare 6-12	5oz - #6 - 64	1.5	2.7	
Daycare 3-5	4oz - #8 - 80	1.2	2.2	
Daycare 1-2	3oz - #12 - 106	0.9	1.6	

Macaroni & Cheese				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Cheese American Loaf	8	40.0%		
Pasta WG Elbow Noodle	4	20.0%		
Mix Cheese Sauce	4	20.0%		
Cannned Cheese Sauce	2	10.0%		
Water	2	10.0%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.2	2.4	
School K-8	6oz	1.2	2.4	
Daycare 6-12	5oz - #6 - 64	1	2	
Daycare 3-5	4oz - #8 - 80	0.8	1.6	
Daycare 1-2	3oz - #12 - 106	0.6	1.2	

Taco Joe				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	16	80.0%		
Tomato Paste	1	5.0%		
Diced Onion	0.8	4.0%		
Diced Pepper	0.8	4.0%		
Diced Tomato	0.8	4.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	4		3.2	
School K-8	4		3.2	
Daycare 6-12	4 - #8 - 80		3.2	
Daycare 3-5	3 - #12 - 106		2.4	
Daycare 1-2	2 - #16 - 160		1.6	

Fiesta Tortilla Casserole				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	8	40.0%		
Rice Brown	5	25.0%		
Mix Cheese Sauce	2.8	14.0%		
Cheese Sauce, Canned	1.6	8.0%		
Cheese Cheddar/Jack Shred	1.2	6.0%		
Salsa Chunky Mild	1	5.0%		
Veg. Blend Chuckwagon Corn	0.4	2.0%		
Chip Tortilla Strip - Garnish				
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	1.5	2.4	
School K-8	6	1.5	2.4	
Daycare 6-12	5 - #6 - 64	1.2	2	
Daycare 3-5	4 - #8 - 80	1	1.6	
Daycare 1-2	3 - #12 - 106	0.7	1.2	

Sloppy Joe				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	15.2	76.0%		
Sauce BBQ	2.2	11.0%		
Tomato Paste	1.6	8.0%		
Diced Onion	0.5	2.5%		
Diced Green Pepper	0.5	2.5%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	4oz		3	
School K-8	4oz		3	
Daycare 6-12	4oz - #8 - 80		3	
Daycare 3-5	3oz - #12 - 106		2.2	
Daycare 1-2	2oz - #16 - 160		1.5	