


MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
28	<b>Turkey Tetrazzini with WG Pasta</b> Peas Fruit Cocktail Milk	29	<b>Beef &amp; 3 Bean Chili</b> Potato Wedges Fresh Orange WG Dinner Roll Milk	30	<b>Chicken Breast in Country Gravy</b> Mashed Potatoes Fresh Banana WG Bread Slice Milk	1	<b>Meatball Marinara Sub Sandwich</b> Fresh Celery Sticks Fresh Pear WG Mini Hoagie Bun Milk	2	<b>WG Chicken Nuggets - CN</b> Green Beans Fresh Apple Milk
5	<b>Beef Taco Casserole with WG Rotini Pasta</b> Corn Mandarin Oranges Milk	6	<b>BBQ Pork Rib Patty Sandwich - CN</b> BBQ Baked Beans Strawberries & Peaches WG Hamburger Bun Milk	7	<b>WG Chicken Nuggets - CN</b> Potato Salad Fresh Banana Milk	8	<b>Meatballs in Brown Gravy - CN</b> Mashed Potatoes Fresh Pear WG Dinner Roll Milk	9	<b>Ground Beef Philly Sandwich</b> Green Beans Fresh Orange WG Hot Dog Bun Milk
12	<b>Grilled Chicken Sandwich - CN</b> Mixed Vegetables Apricot Halves WG Hamburger Bun Milk	13	<b>Beef &amp; Tater Tot Casserole</b> Corn Fresh Apple WG Breadstick Milk	14	<b>WG Chicken Tenders - CN</b> Diced Sweet Potatoes Fresh Banana Milk	15	<b>Chicken Alfredo w/ WG Rotini Pasta</b> Mixed Greens Side Salad Ranch Dressing Fresh Orange Milk	16	<b>Cheeseburger</b> American Cheese Slice Coleslaw Fresh Pear WG Hamburger Bun Milk
19	<b>WG Macaroni &amp; White Cheese</b> Broccoli Fruit Mix Milk	20	<b>Sliced Turkey &amp; Amer. Cheese (.67oz) on WG Bun</b> Potato Salad Fresh Pear Milk	21	<b>Chicken Pot Pie</b> Mashed Potatoes Fresh Apple WG Breadstick Milk	22	<b>Meatballs in Marinara - CN</b> Green Beans Fresh Orange WG Dinner Roll Milk	23	<b>Pulled Pork Sandwich</b> Twice Baked Mash Potato Fresh Banana WG Hamburger Bun Milk <i>*Bonus Holiday Treat</i>
26	 <b>MEMORIAL DAY</b>	27	<b>Sloppy Joe Sandwich</b> Diced Potatoes Fresh Orange WG Hamburger Bun Milk	28	<b>Chicken Breast in Country Gravy - CN</b> Mashed Potatoes Fresh Banana WG Bread Slice Milk	29	<b>All Beef Hot Dog - CN</b> Coleslaw Fresh Apple WG Hot Dog Bun Milk	30	<b>WG Chicken Nuggets - CN</b> Peas Fresh Pear Milk

Turkey Tetrizzini				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Turkey Meat Diced	8	40.0%		
Pasta WG Spaghetti Noodles	4	20.0%		
Cream Base Mix	3.4	17.0%		
Alfredo Sauce Mix	3.4	17.0%		
Diced Pepper	0.6	3.0%		
Sliced Mushrooms	0.6	3.0%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.2	2.4	
School K-8	6oz	1.2	2.4	
Daycare 6-12	5oz - #6 - 64	1	2	
Daycare 3-5	4oz - #8 - 80	0.8	1.6	
Daycare 1-2	3oz - #12 - 106	0.6	1.2	

Chicken Alfredo				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Chicken Meat Diced	8	40.0%		
Pasta WG Rotini Noodles	5	25.0%		
Mix Country Gravy	3.5	17.5%		
Mix Alfredo Sauce	3.5	17.5%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.5	2.4	
School K-8	6oz	1.5	2.4	
Daycare 6-12	5oz - #6 - 64	1.2	2	
Daycare 3-5	4oz - #8 - 80	1	1.6	
Daycare 1-2	3oz - #12 - 106	0.7	1.2	

Beef & Bean Chili				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	5	25.0%		
Bean Chili	4	20.0%		
Bean Kidney	3.8	19.0%		
Bean Black	3.8	19.0%		
Sauce Tomato	2.2	11.0%		
Diced Pepper	0.4	2.0%		
Diced Onion	0.4	2.0%		
Diced Tomato	0.4	2.0%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	5oz		3.1	
School K-8	5oz		3.1	
Daycare 6-12	5oz - #6 - 64		3.1	
Daycare 3-5	4oz - #8 - 80		2.5	
Daycare 1-2	3oz - #12 - 106		1.9	

White Mac & Cheese				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Cheese Amer. White Loaf	6	30.0%		
Pasta WG Elbow Noodle	6	30.0%		
Shredded Mozzarella	4	20.0%		
Cheese Sauce Blanco	4	20.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz	1.8	3	
School K-8	6oz	1.8	3	
Daycare 6-12	5oz - #6 - 64	1.5	2.5	
Daycare 3-5	4oz - #8 - 80	1.2	2	
Daycare 1-2	3oz - #12 - 106	0.9	1.5	

Beef Taco Casserole				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	8.7	43.5%		
Pasta WG Rotini	5	25.0%		
Sauce Mix Cheese	4	20.0%		
Diced Onion	0.8	4.0%		
Diced Tomato	0.8	4.0%		
Diced Pepper	0.7	3.5%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	1.5	2.6	
School K-8	6	1.5	2.6	
Daycare 6-12	5 - #6 - 64	1.2	2.1	
Daycare 3-5	4 - #8 - 80	1	1.7	
Daycare 1-2	3 - #12 - 106	0.7	1.3	

Chicken Pot Pie				
BATCH YIELD (LBS)		10		
INGREDIENTS (LBS)				
Chicken Meat Diced	4	40.0%		
Mix Chicken Gravy	4	40.0%		
Vegetable Mix 5 Way	2	20.0%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz		2.4	
School K-8	6oz		2.4	
Daycare 6-12	5oz - #6 - 32		2	
Daycare 3-5	4oz - #8 - 40		1.6	
Daycare 1-2	3oz - #12 - 53		1.2	

Ground Beef Philly				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	16	80.0%		
Peppers & Onions	2	10.0%		
Canned Queso Sauce	2	10.0%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	4oz		3.2	
School K-8	4oz		3.2	
Daycare 6-12	4oz - #8 - 80		3.2	
Daycare 3-5	3oz - #12 - 106		2.4	
Daycare 1-2	2oz - #16 - 160		1.6	

Sloppy Joe				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	15.2	76.0%		
Sauce BBQ	2.2	11.0%		
Tomato Paste	1.6	8.0%		
Diced Onion	0.5	2.5%		
Diced Green Pepper	0.5	2.5%		
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	4oz		3	
School K-8	4oz		3	
Daycare 6-12	4oz - #8 - 80		3	
Daycare 3-5	3oz - #12 - 106		2.2	
Daycare 1-2	2oz - #16 - 160		1.5	

Beef & Tater Tot Casserole				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Ground Beef Precooked	8	40.0%		
Soup Mushroom	4.8	24.0%		
Mix Cheese Sauce	2.6	13.0%		
Canned Cheese Sauce	2.6	13.0%		
Green Bean	2	10.0%		
Tator Tots - 1 Layer Tops Every Pan				
Shred Cheese - 1 Layer Tops Every Pan				
Nutritional Equivalencies				
	Serv/Yield	Grain (oz)	Meat (oz)	
School 9-12/Adult	6oz		2.4	
School K-8	6oz		2.4	
Daycare 6-12	5oz - #6 - 64		2	
Daycare 3-5	4oz - #8 - 80		1.6	
Daycare 1-2	3oz - #12 - 106		1.2	