

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
31	Hamburger - CN Scalloped Potatoes Pineapple Tidbits WG Hamburger Bun Milk	1	Cheesy Chicken Breast - CN Mashed Potatoes Fresh Orange WG Dinner Roll Milk	2	BBQ Pork Rib Patty - CN Diced Sweet Potatoes Fresh Apple WG Mini Hoagie Bun Milk Milk	3	Beefy WG Mac Casserole Corn Strawberries & Peaches Milk	4	Cheese Ravioli & Marinara Sauce Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk <i>**Meal Does Not Contain a Whole Grain</i>
7	Cheesy Joe on WG Hamburger Bun Potato Wedges Sliced Pears Milk	8	Chicken Breast in Gravy - CN Peas Fresh Apple WG Breadstick Milk	9	WG Chicken Tenders - CN Mixed Vegetables Fresh Banana Milk	10	Ham & Au gratin Potatoes Fresh Broccoli Florets WG Breadstick Milk	11	WG Mac & White Cheese Green Beans Fresh Orange Milk
14	Swedish Meatballs Mashed Potatoes Pineapple Tidbits WG Dinner Roll Milk	15	WG Chicken Nuggets - CN Carrot Coins Fresh Apple Milk	16	BBQ Pork Rib Patty - CN Coleslaw Fresh Pear WG Hamburger Bun Milk	17	WG Spaghetti & Beef Sauce Mixed Greens Side Salad Ranch Dressing Fresh Orange Milk	18	Cheese Omelet in Cheese Sauce Breakfast Potatoes Fresh Banana Mini Buttermilk Biscuit Milk <i>**Meal Does Not Contain a Whole Grain</i>
21	Grilled Chicken Breast Sandwich - CN BBQ Baked Beans Applesauce WG Hamburger Bun Milk	22	Beef & Cheese Taco Taco Meat Shredded Cheese WG Tortilla Shell Corn Fresh Orange Milk	23	All Beef Hot Dog - CN Potato Salad Fresh Apple WG Hot Dog Bun Milk	24	WG Chicken Tenders - CN Twice Baked Mash Potatoes Fresh Pear Milk	25	BBQ Meatballs - CN Fresh Carrot Chips Fresh Banana WG Breadstick Milk
28	Turkey Tetrazzini with WG Pasta Peas Fruit Cocktail Milk	29	Beef & 3 Bean Chili Potato Wedges Fresh Orange WG Dinner Roll Milk	30	Chicken Breast in Country Gravy Mashed Potatoes Fresh Banana WG Bread Slice Milk	1	Meatball Marinara Sub Sandwich Fresh Celery Sticks Fresh Pear WG Mini Hoagie Bun Milk	2	WG Chicken Nuggets - CN Green Beans Fresh Apple Milk



Beef Macaroni Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	5	25.0%	
Sauce Tomato	3	15.0%	
Mix Gravy Brown	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5 - #6	1.2	2
Daycare 3-5	4 - #8	1	1.6
Daycare 1-2	3 - #12	0.7	1.2

Cheesy Joe			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	16	80.0%	
Mix Cheese Sauce	2	10.0%	
Canned Cheese Sauce	2	10.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4oz		3.2
School K-8	4oz		3.2
Daycare 6-12	4oz - #8 - 80		3.2
Daycare 3-5	3oz - #12 - 106		2.4
Daycare 1-2	2oz - #16 - 160		1.6

Ham & AuGratin Potato			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Ham Meat Diced	9	45.0%	
Potato AuGratin Dehydrated	11	55.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.7
School K-8	6		2.7
Daycare 6-12	5oz - #6 - 64		2.2
Daycare 3-5	4oz - #8 - 80		1.8
Daycare 1-2	3oz - #12 - 106		1.3

White Mac & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese Amer. White Loaf	6	30.0%	
Pasta WG Elbow Noodle	6	30.0%	
Shredded Mozzarella	4	20.0%	
Cheese Sauce Blanco	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.8	3
School K-8	6oz	1.8	3
Daycare 6-12	5oz - #6 - 64	1.5	2.5
Daycare 3-5	4oz - #8 - 80	1.2	2
Daycare 1-2	3oz - #12 - 106	0.9	1.5

Spaghetti & Meat Sauce			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	50.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	6	30.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.2	3
School K-8	6oz	1.2	3
Daycare 6-12	5oz - #6 - 64	1	2.5
Daycare 3-5	4oz - #8 - 80	0.8	2
Daycare 1-2	3oz - #12 - 106	0.6	1.5

Turkey Tetrizzini			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Turkey Meat Diced	8	40.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Cream Base Mix	3.4	17.0%	
Alfredo Sauce Mix	3.4	17.0%	
Diced Pepper	0.6	3.0%	
Sliced Mushrooms	0.6	3.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	6oz	1.2	2.4
School K-8	6oz	1.2	2.4
Daycare 6-12	5oz - #6 - 64	1	2
Daycare 3-5	4oz - #8 - 80	0.8	1.6
Daycare 1-2	3oz - #12 - 106	0.6	1.2

Beef & Bean Chili			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	5	25.0%	
Bean Chili	4	20.0%	
Bean Kidney	3.8	19.0%	
Bean Black	3.8	19.0%	
Sauce Tomato	2.2	11.0%	
Diced Pepper	0.4	2.0%	
Diced Onion	0.4	2.0%	
Diced Tomato	0.4	2.0%	
Nutritional Equivalencies			
	Serv/Yield	Grain (oz)	Meat (oz)
School 9-12/Adult	5oz		3.1
School K-8	5oz		3.1
Daycare 6-12	5oz - #6 - 64		3.1
Daycare 3-5	4oz - #8 - 80		2.5
Daycare 1-2	3oz - #12 - 106		1.9