



# MY GROWN-UP AND ME EXTENDED PROGRAM

A THOUGHTFULLY DESIGNED PROGRAM THAT  
SUPPORTS A SMOOTH TRANSITION INTO PRESCHOOL.



THIS STRUCTURED TRANSITION PROGRAM  
SUPPORTS EARLY EMOTIONAL SOCIAL, AND COGNITIVE DEVELOPMENT.  
CHILDREN GRADUALLY ADAPT TO CLASSROOM ROUTINES WHILE BUILDING  
INDEPENDENCE AND RESILIENCE.  
SUPPORTS ESSENTIAL FOUNDATIONS FOR LONG-TERM ACADEMIC SUCCESS.

✓ REDUCES SEPARATION  
ANXIETY

✓ ENCOURAGES HEALTHY  
INDEPENDENCE

✓ BUILDS CLASSROOM  
CONFIDENCE

✓ PREPARES CHILDREN FOR  
PRESCHOOL SUCCESS

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