



Lunch - Daycare



December 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	WG Chicken Tenders - CN Carrot Coins Sliced Pears Milk	3	Cheeseburger - CN American Cheese Slice Garlic Mashed Potatoes Fresh Banana WG Hamburger Bun Milk	4	Italian Beef Goulash with WG Elbow Pasta Green Peas Fresh Apple Milk	5	Sweet & Sour Meatballs - CN Mixed Vegetable Fresh Pear WG Breadstick Milk	6	Chicken Breast -CN in Country Gravy Mashed Potatoes Fresh Orange WG Dinner Roll Milk
9	Breakfast for Lunch! Cheese Omelet in Cheese Sauce Breakfast Potatoes Fresh Apple WG Blueberry Muffin Milk	10	WG Chicken Nuggets - CN Garlic Mashed Potatoes Fresh Orange Milk	11	Chicken Philly on WG Mini Coney Fiesta Cheese Broccoli Fresh Banana Milk	12	Meatballs in Brown Gravy - CN Diced Carrots Strawberries & Mango WG Breadstick Milk	13	BBQ Chicken Breast Sandwich - CN Diced Sweet Potatoes Fresh Pear WG Hamburger Bun Milk
16	Beef & Cheese Nachos Taco Meat Shredded Cheese Chili Beans Tropical Fruit Mix WG Tostitos Scoops PC Milk	17	WG Chicken Tenders - CN Broccoli Cuts Fresh Apple Milk	18	Happy Holidays!! Beef & Tater Tot Casserole Country Blend Veggies Cinnamon Diced Pears WG Dinner Roll Milk <i>*Bonus Holiday Treat!</i>	19	Pulled Chicken on WG Bun Potato Wedges Fresh Pear Milk	20	BBQ Pork Rib Patty - CN Corn Fresh Banana WG Hamburger Bun Milk
23	Chicken Breast - CN in Marinara Green Beans Fresh Apple WG Breadstick Milk	24	Cheeseburger Mac w/ WG Elbow Noodles Peas & Carrots Strawberries & Pineapple Milk	25	Merry Christmas!! 	26	Swedish Style Meatballs - CN Mashed Potatoes Fresh Pear WG Dinner Roll Milk	27	WG Chicken Nuggets - CN Carrot Coins Fresh Banana Milk
30	Hamburger Patty - CN BBQ Baked Beans Sliced Peaches WG Hamburger Bun Milk	31	WG Chicken Tenders - CN Ranch Mashed Potatoes Fresh Orange Milk	1	Happy New Year!! 	2	WG Spaghetti in Meat Sauce Green Beans Fresh Pear Milk	3	Chicken Pot Pie Mashed Potatoes Fresh Apple WG Dinner Roll Milk

Italian Goulash			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Sauce Spaghetti	3.4	17.0%	
Sauce Marinara	3.4	17.0%	
Diced Pepper	0.4	2.0%	
Diced Tomato	0.4	2.0%	
Diced Carrot	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5 - #6	1	2
Daycare 3-5	4 - #8	0.8	1.6
Daycare 1-2	3 - #12	0.6	1.2

Chicken Philly			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Diced Chicken	18	90.0%	
Peppers & Onions	2	10.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	3		2.7
School K-8	3		2.7
Daycare 6-12	3 - #12		2.7
Daycare 3-5	2 - #16		1.8
Daycare 1-2	1 - #30		0.9

Beef & Tater Tot Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Ground Beef Precooked	8	40.0%	
Soup Mushroom	4.8	24.0%	
Mix Cheese Sauce	2.6	13.0%	
Canned Cheese Sauce	2.6	13.0%	
Green Bean	2	10.0%	
Tator Tots - 1 Layer Tops Every Pan			
Shred Cheese - 1 Layer Tops Every Pan			
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5 - #6		2
Daycare 3-5	4 - #8		1.6
Daycare 1-2	3 - #12		1.2

Cheeseburger Macaroni			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	6	30.0%	
Cheese American Loaf	3	15.0%	
Mix Cheese Sauce	1.5	7.5%	
Canned Cheese Sauce	1.5	7.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.8	3.3
School K-8	6	1.8	3.3
Daycare 6-12	5 - #6	1.5	2.7
Daycare 3-5	4 - #8	1.2	2.2
Daycare 1-2	3 - #12	0.9	1.6

Spaghetti & Meat Sauce			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	50.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	6	30.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	3
School K-8	6	1.2	3
Daycare 6-12	5 - #6	1	2.5
Daycare 3-5	4 - #8	0.8	2
Daycare 1-2	3 - #12	0.6	1.5

Chicken Pot Pie			
BATCH YIELD (LBS)	10		
INGREDIENTS (LBS)			
Chicken Meat Diced	4	40.0%	
Mix Chicken Gravy	4	40.0%	
Vegetable Mix 5 Way	2	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5 - #6		2
Daycare 3-5	4 - #8		1.6
Daycare 1-2	3 - #12		1.2