



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
1	<b>BBQ Pork Rib Sandwich - CN</b> BBQ Baked Beans Peaches & Strawberries WG Hamburger Bun Milk	2	<b>All Beef Hot Dog - CN</b> Mashed Potatoes Fresh Apple WG Hot Dog Bun Milk	3	<b>Cheesy Broccoli Chicken Breast</b> Twice Baked Mashed Fresh Banana Milk	4			5	<b>Beef Taco Cass. w/ WG Rotini Pasta</b> Peas & Carrots Sliced Peaches Milk
8	<b>Cheeseburger - CN</b> American Cheese Slice Corn Sliced Pears WG Hamburger Bun Milk	9	<b>Cheesy Beef &amp; WG Rice Casserole</b> Broccoli Cuts Fresh Orange Milk	10	<b>Potato Crusted Fish Filet</b> Diced Sweet Potatoes Fresh Apple Milk	11	<b>WG Mini Chicken Corn Dogs - CN</b> Green Beans Fresh Banana Milk	12	<b>Meatballs in Brown Gravy - CN</b> Mashed Potatoes Fresh Pear Milk	
15	<b>Chicken Pot Pie over Mashed Potatoes</b> Pineapple Tidbits Milk	16	<b>WG Chicken Tenders - CN</b> Scalloped Potatoes Fresh Apple Milk	17	<b>Sloppy Joe Sandwich</b> Au gratin Potatoes Fresh Banana WG Hamburger Bun Milk	18	<b>WG Cheeseburger Macaroni Casserole</b> Diced Sweet Potatoes Fresh Orange Milk	19	<b>Grilled Chicken Sandwich - CN</b> Diced Carrots Fresh Pear WG Hamburger Bun Milk	
22	<b>Pulled Pork Sandwich</b> Scalloped Potatoes Sliced Peaches WG Mini Hoagie Bun Milk	23	<b>Walking Taco!</b> Taco Meat Shredded Cheese Pinto Beans Fresh Orange WG Nacho Doritos PC Milk	24	<b>Meatball Marinara Sub Sandwich - CN</b> Potato Wedges Fresh Apple WG Hot Dog Bun Milk	25	<b>WG Breaded Chicken Sandwich - CN</b> BBQ Baked Beans Fresh Banana WG Hamburger Bun Milk	26	<b>WG Mac &amp; Cheese</b> Peas & Carrots Fresh Pear Milk	
29	<b>WG Spaghetti &amp; Beef Sauce</b> Green Beans Fruit Cocktail Milk	30	<b>All Beef Hot Dog - CN</b> Diced Sweet Potatoes Fresh Banana WG Hot Dog Bun Milk	31	<b>BBQ Chicken Breast - CN</b> Diced Carrots Fresh Pear Milk	1	<b>WG Chicken Nuggets - CN</b> Au gratin Potatoes Fresh Orange Milk	2	<b>Oven Fried Chicken Breast</b> Mashed Potatoes Fresh Apple Milk	

<b>Beef Taco Casserole</b>				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	8.7	43.5%		
Pasta WG Rotini	5	25.0%		
Sauce Mix Cheese	4	20.0%		
Diced Onion	0.8	4.0%		
Diced Tomato	0.8	4.0%		
Diced Pepper	0.7	3.5%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.6	
School K-8	6	1.5	2.6	
Daycare 6-12	5	1.2	2.1	
Daycare 3-5	4	1	1.7	
Daycare 1-2	3	0.7	1.3	

<b>Cheesy Beef &amp; Rice</b>				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	8.1	40.5%		
Brown Rice	4	20.0%		
Mix Cheese Sauce	3.2	16.0%		
Canned Cheese Sauce	3.2	16.0%		
Diced Carrots	0.8	4.0%		
Diced Celery	0.7	3.5%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4	
School K-8	6	1.2	2.4	
Daycare 6-12	5	1	2	
Daycare 3-5	4	0.8	1.6	
Daycare 1-2	3	0.6	1.2	

<b>Chicken Pot Pie</b>				
BATCH YIELD (LBS)		10		
INGREDIENTS (LBS)				
Chicken Meat Diced	4	40.0%		
Mix Chicken Gravy	4	40.0%		
Vegetable Mix 5 Way	2	20.0%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4	
School K-8	6		2.4	
Daycare 6-12	5		2	
Daycare 3-5	4		1.6	
Daycare 1-2	3		1.2	

<b>Sloppy Joe</b>				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	15.2	76.0%		
Sauce BBQ	2.2	11.0%		
Tomato Paste	1.6	8.0%		
Diced Onion	0.5	2.5%		
Diced Green Pepper	0.5	2.5%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3	
School K-8	4		3	
Daycare 6-12	4		3	
Daycare 3-5	3		2.2	
Daycare 1-2	2		1.5	

<b>Cheeseburger Macaroni</b>				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	8	40.0%		
Pasta WG Elbow Noodle	6	30.0%		
Cheese American Loaf	3	15.0%		
Mix Cheese Sauce	1.5	7.5%		
Canned Cheese Sauce	1.5	7.5%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.8	3.3	
School K-8	6	1.8	3.3	
Daycare 6-12	5 - #6	1.5	2.7	
Daycare 3-5	4 - #6	1.2	2.2	
Daycare 1-2	3 - #12	0.9	1.6	

<b>Macaroni &amp; Cheese</b>				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Cheese American Loaf	8	40.0%		
Pasta WG Elbow Noodle	4	20.0%		
Mix Cheese Sauce	4	20.0%		
Canned Cheese Sauce	2	10.0%		
Water	2	10.0%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4	
School K-8	6	1.2	2.4	
Daycare 6-12	5	1	2	
Daycare 3-5	4	0.8	1.6	
Daycare 1-2	3	0.6	1.2	

<b>Spaghetti &amp; Meat Sauce</b>				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	10	50.0%		
Pasta WG Spaghetti Noodles	4	20.0%		
Sauce Spaghetti Red. Sodium	6	30.0%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	3	
School K-8	6	1.2	3	
Daycare 6-12	5	1	2.5	
Daycare 3-5	4	0.8	2	
Daycare 1-2	3	0.6	1.5	