March 2024



					FIRCHE				
	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
26	Chicken Pot Pie over Mashed Potatoes Tropical Fruit WG Bread Slice Milk	27	Cheeseburger - CN American Cheese Slice Green Beans Fresh Apple WG Hamburger Bun Milk	28	Fiesta Tortilla Cass. w/ Beef & WG Rice Green Peas Fresh Pear Milk	29	WG Mini Chicken Corn Dogs - CN Broccoli & Cauliflower Fresh Banana Milk	1	Cheese Omelet-CN in Cheese Sauce Breakfast Potatoes Fresh Orange WG Bread Slice Milk
4	All Beef Hot Dog - CN Green Beans Apricot Halves WG Hot Dog Bun Milk	5	Sloppy Joe Sandwich Potato Wedges Fresh Banana WG Hamburger Bun Milk	6	Chicken Breast & Chicken Gravy Mashed Potatoes Fresh Apple WG Bread Slice Milk	7	WG Chicken Nuggets - CN Mixed Vegetables Fresh Orange Milk	8	WG Mac & Cheese Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk
11	Three Meat Pizza Pasta w/ WG Rotini Carrot Coins Diced Peaches Milk	12	Beef & Cheese Taco Taco Meat Shredded Cheese Corn Fresh Orange WG Tortilla Shell Milk	13	WG Breaded Chicken Sandwich Cheesy Mash Potatoes Fresh Banana WG Hamburger Bun Milk	14	Beef & Tater Tot Casserole Mixed Greens Side Salad Ranch Dressing Fresh Pear WG Dinner Roll Milk	15 ************************************	Happy St. Pat's Day! WG Breaded Fish & Cheese Sandwich Coleslaw Fresh Apple Tartar Sauce PC Milk Bonus Holiday Treat!
18	Meatballs in Brown Gravy - CN Broccoli Cuts Sliced Pears WG Dinner Roll Milk	19	Chicken Breast in Marinara Sauce - CN Garlic Whipped Potatoes Fresh Banana WG Breadstick Milk	20	WG Chicken Tenders - CN Peas Fresh Pear Milk	21	Italian Joe Sandwich Potato Wedges Fresh Orange WG Hamburger Bun Milk	22	Chessy Tuna & WG Mac Casserole Diced Carrots Fresh Apple Milk
25	Hamburger - CN Scalloped Potatoes Pineapple Tidbits WG Hamburger Bun Milk	26	Chicken Cordon Bleu Casserole over Mashed Potatoes Fresh Orange WG Dinner Roll Milk	27	BBQ Pork Rib Patty - CN Diced Sweet Potatoes Fresh Apple WG Mini Hoagie Bun Milk	28	Beefy Mac Casserole w/ WG Elbow Pasta Corn Fresh Banana Milk	29	Cheese Ravioli & Marinara Sauce Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk **Meal Does Not Contain a Whole Grain

Chicken Pot Pie							
BATCH YIELD (LBS)	10						
INGREDIENTS (LBS)							
Chicken Meat Diced	4	40.0%					
Mix Chicken Gravy	4	40.0%					
Vegetable Mix 5 Way	2	20.0%					
Nutritional Equivalencies							
	Serving (oz)	Grain (oz)	Meat (oz)				
School 9-12/Adult	6		2.4				
School K-8	6		2.4				
Daycare 6-12	5		2				
Daycare 3-5	4		1.6				
Daycare 1-2	3		1.2				

Fiesta Tortilla Casserole						
BATCH YIELD (LBS)	20					
INGREDIENTS (LBS)						
Beef Ground Precooked	8	40.0%				
Rice Brown	5	25.0%				
Mix Cheese Sauce	2.8	14.0%				
Cheese Sauce, Canned	1.6	8.0%				
Cheese Cheddar/Jack Shred	1.2	6.0%				
Salsa Chunky Mild	1	5.0%				
Veg. Blend Chuckwagon Corn	0.4	2.0%				
Chip Tortilla Strip - Gamish						
Nutritional Equivalencies						
	Serving (oz)	Grain (oz)	Meat (oz)			
School 9-12/Adult	6	1.5	2.4			
School K-8	6	1.5	2.4			
Daycare 6-12	5	1.2	2			
Daycare 3-5	4	1	1.6			
Daycare 1-2	3	0.7	1.2			

Sloppy Joe						
BATCH YIELD (LBS)	20					
INGREDIENTS (LBS)						
Beef Ground Precooked	15.2	76.0%				
Sauce BBQ	2.2	11.0%				
Tomato Paste	1.6	8.0%				
Diced Onion	1	5.0%				
Nutritional Equivalencies						
	Serving (oz)	Grain (oz)	Meat (oz)			
School 9-12/Adult	4		3			
School K-8	4		3			
Daycare 6-12	4		3			
Daycare 3-5	3		2.2			
Daycare 1-2	2		1.5			

Macaroni & Cheese							
BATCH YIELD (LBS)	20						
INGREDIENTS (LBS)							
Cheese American Loaf	8	40.0%					
Pasta WG Elbow Noodle	4	20.0%					
Mix Cheese Sauce	4	20.0%					
Cannned Cheese Sauce	2	10.0%					
Water	2	10.0%					
Nutritional Equivalencies							
	Serving (oz)	Grain (oz)	Meat (oz				
School 9-12/Adult	6	1.2	2.4				
School K-8	6	1.2	2.4				
Daycare 6-12	5	1	2				
Daycare 3-5	4	0.8	1.6				
Daycare 1-2	3	0.6	1.2				

BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	4	20.0%	
Sausage Ground Precooked	4	20.0%	
Pepperoni Sliced	1.6	8.0%	
Sauce Marninara All Purpose	3.2	16.0%	
Sauce Alfredo	3.2	16.0%	
Pasta WG Rotini	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Beef & Tater Tot Casserole						
BATCH YIELD (LBS)	20					
INGREDIENTS (LBS)						
Ground Beef Precooked	8	40.0%				
Soup Mushroom	5	25.0%				
Mix Cheese Sauce	5	25.0%				
Green Bean	2	10.0%				
Tator Tots - 1 Layer Tops Eve Shred Cheese - 1 Layer Tops						
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Nutritional Equivalencies						
	Serving (oz)	Grain (oz)	Meat (oz)			
School 9-12/Adult	6		2.4			
School K-8	6		2.4			
Daycare 6-12	5		2			
Daycare 3-5	4		1.6			
Daycare 1-2	3		1.2			

Italian Joe						
BATCH YIELD (LBS)	20					
INGREDIENTS (LBS)						
Beef Ground Precooked	15	75.0%				
Sauce Marinara All Purpose	4	20.0%				
Cheese Shred Pizza Blend	1	5.0%				
Nutritional Equivalencies						
	Serving (oz)	Grain (oz)	Meat (oz)			
School 9-12/Adult	4		3			
School K-8	4		3			
Daycare 6-12	4		3			
Daycare 3-5	3		2.2			
Daycare 1-2	2		1.5			

Tuna Macaroni & Cheese							
BATCH YIELD (LBS)	20						
INGREDIENTS (LBS)							
Cheese American Loaf	4	20.0%					
Pasta WG Elbow Noodle	4	20.0%					
Mix Cheese Sauce	4	20.0%					
Meat Tuna Light Pouch	4	20.0%					
Sauce Cheese Canned	4	20.0%					
Nutritional Equivalencies							
	Serving (oz)	Grain (oz)	Meat (oz)				
School 9-12/Adult	6	1.2	2.4				
School K-8	6	1.2	2.4				
Daycare 6-12	5	1	2				
Daycare 3-5	4	0.8	1.6				
Daycare 1-2	3	0.6	1.2				

Chicken Cordon Bleu						
BATCH YIELD (LBS)	10					
INGREDIENTS (LBS)						
Chicken Meat Diced	4.5	45.0%				
Ham Meat Diced	1.5	15.0%				
Mix Cream Soup	3.4	34.0%				
Shredded Mozzarella Chz	0.6	6.0%				
Nutritional Equivalencies	Serving (oz)	Grain (oz)	Meat (oz)			
School 9-12/Adult	4	, ,	2.4			
School K-8	4		2.4			
Daycare 6-12	4		2.4			
Daycare 3-5	3		1.8			
Daycare 1-2	2		1.2			

Beef Macaroni Casserole						
BATCH YIELD (LBS)	20					
INGREDIENTS (LBS)						
Beef Ground Precooked	9	45.0%				
Pasta WG Elbow Noodle	5	25.0%				
Sauce Tomato	2	10.0%				
Mix Gravy Brown	4	20.0%				
Nutritional Equivalencies						
	Serving (oz)	Grain (oz)	Meat (oz			
School 9-12/Adult	6	1.5	2.7			
School K-8	6	1.5	2.7			
Daycare 6-12	5	1.2	2.2			
Daycare 3-5	4	1	1.8			
Daycare 1-2	3	0.7	1.3			