

Lunch - Daycare



April 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Taco Joe Sandwich on WG Hamburger Bun Potato Wedges Sliced Pears Milk	2	Cheesy Chicken Breast - CN Peas Fresh Apple WG Breadstick Milk	3	WG Chicken Tenders - CN Mixed Vegetables Fresh Banana Milk	4	Ham & Au gratin Potatoes Fresh Broccoli Florets WG Breadstick Milk	5	WG Mac & White Cheese Mixed Greens Side Salad Ranch Dressing Fresh Orange Milk
8	WG Spaghetti & Meat Sauce Green Beans Pineapple Tidbits Milk	9	WG Chicken Nuggets - CN Mixed Vegetables Fresh Apple Milk	10	BBQ Pork Rib Patty - CN Coleslaw Fresh Pear WG Hamburger Bun Milk	11	Swedish Meatballs Mashed Potatoes Fresh Orange WG Dinner Roll Milk	12	All Beef Hot Dog Corn Fresh Banana WG Hot Dog Bun Milk
15	Grilled Chicken Breast Sandwich - CN BBQ Baked Beans Applesauce WG Hamburger Bun Milk	16	Beef & Cheese Taco Taco Meat Shredded Cheese WG Tortilla Shell Corn Fresh Orange Milk	17	Breakfast for Lunch! Cheese Omelet in Cheese Sauce Breakfast Potatoes Fresh Apple Mini Buttermilk Biscuit Milk <i>Meal does not contain whole grain</i>	18	WG Mini Chicken Corn Dogs - CN Twice Baked Mash Potatoes Fresh Pear Milk	19	BBQ Meatballs - CN Fresh Carrot Chips Fresh Banana WG Breadstick Milk
22	Turkey Tetrazzini with WG Pasta Peas Fruit Cocktail Milk	23	Beef & 3 Bean Chili Potato Wedges Fresh Orange WG Dinner Roll Milk	24	Chicken Breast in Country Gravy Mashed Potatoes Fresh Banana WG Bread Slice Milk	25	Meatball Marinara Sub Sandwich Fresh Celery Sticks Fresh Pear WG Mini Hoagie Bun Milk	26	WG Chicken Tenders - CN Green Beans Fresh Apple Milk
29	Beef Taco Casserole with WG Rotini Pasta Corn Mandarin Oranges Milk	30	BBQ Hamburger Patty BBQ Baked Beans Strawberries & Peaches WG Hamburger Bun Milk	1	WG Chicken Nuggets - CN Potato Salad Fresh Banana Milk	2	Meatballs in Brown Gravy - CN Mashed Potatoes Fresh Pear WG Dinner Roll Milk	3	Beef Stroganoff with WG Elbow Pasta Green Beans Fresh Orange Milk

Taco Joe			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	16	80.0%	
Tomato Paste	1	5.0%	
Diced Onion	0.8	4.0%	
Diced Pepper	0.8	4.0%	
Diced Tomato	0.8	4.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3.2
School K-8	4		3.2
Daycare 6-12	4		3.2
Daycare 3-5	3		2.4
Daycare 1-2	2		1.6

Ham & AuGratin Potato			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Ham Meat Diced	9	45.0%	
Potato AuGratin Dehydrated	11	55.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.7
School K-8	6		2.7
Daycare 6-12	5		2.2
Daycare 3-5	4		1.8
Daycare 1-2	3		1.3

White Mac & Cheese			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese Amer. White Loaf	6	30.0%	
Pasta WG Elbow Noodle	6	30.0%	
Shredded Mozzarella	4	20.0%	
Cheese Sauce Blanco	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.8	3
School K-8	6	1.8	3
Daycare 6-12	5	1.5	2.5
Daycare 3-5	4	1.2	2
Daycare 1-2	3	0.9	1.5

Spaghetti & Meat Sauce			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	50.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	6	30.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	3
School K-8	6	1.2	3
Daycare 6-12	5	1	2.5
Daycare 3-5	4	0.8	2
Daycare 1-2	3	0.6	1.5

Turkey Tetrazzini			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Turkey Meat Diced	8	40.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Cream Base Mix	3.4	17.0%	
Alfredo Sauce Mix	3.4	17.0%	
Diced Onion	0.4	2.0%	
Diced Pepper	0.4	2.0%	
Sliced Mushrooms	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Hearty 3 Bean Chili			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	5	25.0%	
Bean Chili	4	20.0%	
Bean Kidney	3.8	19.0%	
Bean Black	3.8	19.0%	
Sauce Tomato	2.2	11.0%	
Diced Pepper	0.4	2.0%	
Diced Onion	0.4	2.0%	
Diced Tomato	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	5		3.1
School K-8	5		3.1
Daycare 6-12	5		3.1
Daycare 3-5	4		2.5
Daycare 1-2	3		1.9

Beef Taco Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8.7	43.5%	
Pasta WG Rotini	5	25.0%	
Sauce Mix Cheese	4	20.0%	
Diced Onion	0.8	4.0%	
Diced Tomato	0.8	4.0%	
Diced Pepper	0.7	3.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.6
School K-8	6	1.5	2.6
Daycare 6-12	5	1.2	2.1
Daycare 3-5	4	1	1.7
Daycare 1-2	3	0.7	1.3

Beef Stroganoff - Beef Noodle			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Egg Noodle	5	25.0%	
Sour Cream	1	5.0%	
Brown Gravy Mix	6	30.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5	1.2	2
Daycare 3-5	4	1	1.6
Daycare 1-2	3	0.7	1.2