

Lunch - Headstart



September 2023

FRIDAY

THURSDAY

WEDNESDAY

TUESDAY

MONDAY

Pulled Pork Sandwich
Potato Wedges
Fresh Pear
WG Hamburger Bun
Milk

BBQ Meatballs - CN
Mixed Vegetables
Fresh Apple
WG Breadstick
Milk

WG Breaded Chicken Sandwich - CN
Cauliflower & Broccoli
Fresh Orange
WG Hamburger Bun
Milk

Cheesy Beef & Brown Rice Cass.
Carrot Coins
Fresh Banana
Milk

BBQ Pork Rib Patty - CN
Scalloped Potatoes
Mandarin Oranges
WG Mini Hoagie Bun
Milk

***Bonus Holiday Treat!**

Chicken Alfredo with WG Spaghetti
Mixed Greens Side Salad
Ranch Dressing
Fresh Pear
Milk

Cheeseburger
American Cheese
Carrot Coins
Fresh Banana
WG Hamburger Bun
Milk

WG Chicken Nuggets - CN
Mashed Potatoes
Fresh Apple
Milk

Hamburger Pizza Pasta w/ Pepperoni & WG Rotini
Green Beans
Sliced Peaches
Milk

Happy Labor Day!



Sloppy Joe Sandwich
Augratin Potatoes
Fresh Apple
WG Hamburger Bun
Milk

Cheesy Broccoli Chicken Breast - CN
Mixed Vegetables
Fresh Banana
WG Breadstick
Milk

WG Macaroni & Cheese
Green Peas
Fresh Orange
Milk

BBQ Chicken Breast Sandwich-CN
Potato Wedges
Fresh Pear
WG Hamburger Bun
Milk

Meatballs in Brown Gravy - CN
Mashed Potatoes
Tropical Fruit
WG Dinner Roll
Milk

Sweet & Sour Meatballs - CN
Peas & Carrots
Fresh Orange
WG Breadstick
Milk

Sliced Turkey & American Cheese(.67oz) on WG Bread
Twice Baked Mashed Potatoes
Fresh Pear
Milk

Soft Shell Beef Taco
Taco Meat
Shredded Cheese
Potato Wedges
Peaches & Strawberries
WG Tortilla Shell
Milk

Italian Chicken Breast
Chicken Breast - CN in Marinara Sauce with Mozzarella Cheese
Broccoli
Fresh Apple
WG Breadstick
Milk

WG Chicken Tenders - CN
BBQ Baked Beans
Pineapple Tidbits
Milk

WG Mini Chicken Corn Dogs - CN
Broccoli & Cauliflower
Fresh Apple
Milk

Cheeseburger Mac with WG Elbows
Mixed Greens Side Salad
Ranch Dressing
Fresh Banana
WG Dinner Roll
Milk

BBQ Pork Rib Patty - CN
Scalloped Potatoes
Fresh Pear
WG Hot Dog Bun
Milk

Breakfast for Lunch!
Cheese Omelet in Cheese Sauce - CN
Creamy Hashbrowns
Fruit Cocktail
WG Jumbo Biscuit
Milk

Hamburger Patty - CN
Corn
Diced Peaches
WG Hamburger Bun
Milk