


Lunch - Daycare



February 2022

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--------|---|---------|--|-----------|---|----------|---|--------|--|
| 31 | Ham & Scalloped Potatoes Broccoli WG Bread Slice Milk | 1 | Hamburger - CN BBQ Baked Beans Fresh Apple WG Hamburger Bun Milk | 2 | Chicken Fried Rice (WG) Diced Carrots Fresh Banana Milk | 3 | Hawaiian BBQ Chicken Grill Bites-CN Cheesy Whip Potatoes Fresh Orange WG Breadstick Milk | 4 | Beef Taco Casserole w/ WG Rotini Pasta Corn Fresh Pear Milk |
| 7 | BBQ Meatballs - CN Green Peas Cinnamon Pears WG Breadstick Milk | 8 | Italian Chicken Breast Sandwich - CN White American Cheese Diced Carrots Fresh Banana WG Mini Hoagie Bun Milk | 9 | Cheeseburger Mac Casserole (WG) Corn Fresh Apple Milk | 10 | WG Chicken Tenders - CN Twice Baked Mashed Potatoes Fresh Orange Milk | 11 | Hamburger Pizza Cass. w/ WG Pasta & Pepperoni Mixed Greens Salad Ranch Dressing Fresh Pear Milk |
| 14 | Happy Valentines Day! Mac & Cheese with WG Cavatappi Pasta Broccoli & Cauliflower Classic Fruit Salad Milk <i>*Bonus Holiday Treat*</i> | 15 |  WG Mini Chicken Corn Dogs - CN BBQ Baked Beans Fresh Apple Milk | 16 | Hamburger Gravy Mashed Potatoes Fresh Banana WG Bread Slice Milk | 17 | BBQ Pork Rib Patty - CN Green Beans Fresh Pear WG Hamburger Bun Milk | 18 | WG Cheese Ravioli in Marinara - CN Diced Carrots Fresh Orange Milk |
| 21 | Cheesy Joe Sandwich Scalloped Potatoes Diced Pears WG Hamburger Bun Milk | 22 | Turkey Tetrazini w/ WG Spaghetti Green Peas Fresh Orange Milk | 23 | Sweet & Sour Meatballs - CN Green Beans Fresh Apple WG Breadstick Milk | 24 | Mexican Tortilla Cass. w/ Beef and WG Rice Corn Fresh Pear Milk | 25 | WG Chicken Nuggets - CN Glazed Diced Carrots Fresh Banana Milk |
| 28 | Chicken Pot Pie over Mashed Potatoes Tropical Fruit WG Bread Slice Milk | 1 | Cheeseburger - CN American Cheese Slice Green Beans Fresh Apple WG Hamburger Bun Milk | 2 | Creamy Tuna & WG Egg Noodle Cass. Green Peas Fresh Pear Milk | 3 | Asian Beef & WG Rice Casserole Broccoli & Cauliflower Fresh Banana Milk | 4 | WG Fish Sticks - CN Creamed Corn Fresh Orange Tartar Sauce PC Milk |

| Ham & Scalloped Potato | | | |
|-----------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 20 | | |
| INGREDIENTS (LBS) | | | |
| Diced Ham | 8 | 40.0% | |
| Potato Scalloped Dehydrated | 10.8 | 54.0% | |
| Diced Celery | 0.4 | 2.0% | |
| Diced Carrots | 0.4 | 2.0% | |
| Diced Onion | 0.4 | 2.0% | |
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| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 6 | | 2.4 |
| School K-8 | 6 | | 2.4 |
| Daycare 6-12 | 5 | | 2 |
| Daycare 3-5 | 4 | | 1.6 |
| Daycare 1-2 | 3 | | 1.2 |

| Chicken Fried Rice | | | |
|---------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 20 | | |
| INGREDIENTS (LBS) | | | |
| Chicken Meat Diced | 8 | 40.0% | |
| Brown Rice | 5 | 25.0% | |
| Diced Onion | 0.5 | 2.5% | |
| Diced Celery | 0.5 | 2.5% | |
| Diced Carrot | 0.5 | 2.5% | |
| Green Peas | 0.7 | 3.5% | |
| Sauce Teriyaki | 4.8 | 24.0% | |
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| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 6 | 1.5 | 2.4 |
| School K-8 | 6 | 1.5 | 2.4 |
| Daycare 6-12 | 5 | 1.2 | 2 |
| Daycare 3-5 | 4 | 1 | 1.6 |
| Daycare 1-2 | 3 | 0.7 | 1.2 |

| Beef Taco Casserole | | | |
|---------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 20 | | |
| INGREDIENTS (LBS) | | | |
| Beef Ground Precooked | 8 | 40.0% | |
| Beef Taco Filling | 2 | 10.0% | |
| Pasta WG Rotini | 4 | 20.0% | |
| Sauce Mix Cheese | 3.9 | 19.5% | |
| Diced Onion | 0.7 | 3.5% | |
| Diced Pepper | 0.7 | 3.5% | |
| Diced Tomato | 0.7 | 3.5% | |
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| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 6 | 1.2 | 2.4 |
| School K-8 | 6 | 1.2 | 2.4 |
| Daycare 6-12 | 5 | 1 | 2 |
| Daycare 3-5 | 4 | 0.8 | 1.6 |
| Daycare 1-2 | 3 | 0.6 | 1.2 |

| Cheeseburger Macaroni | | | |
|---------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 20 | | |
| INGREDIENTS (LBS) | | | |
| Cheese American Loaf | 2.4 | 12.0% | |
| Pasta WG Elbow Noodle | 6.1 | 30.5% | |
| Mix Cheese Sauce | 4.6 | 23.0% | |
| Beef Ground Precooked | 6.1 | 30.5% | |
| Diced Onion | 0.8 | 4.0% | |
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| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 6 | 1.8 | 2.5 |
| School K-8 | 6 | 1.8 | 2.5 |
| Daycare 6-12 | 5 | 1.5 | 2.1 |
| Daycare 3-5 | 4 | 1.2 | 1.7 |
| Daycare 1-2 | 3 | 0.9 | 1.2 |

| Pizza Pasta Casserole with Pepperoni | | | |
|--------------------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 20 | | |
| INGREDIENTS (LBS) | | | |
| Beef Ground Precooked | 8 | 40.0% | |
| Pasta WG Rotini | 5 | 25.0% | |
| Sauce Spaghetti Red. Sodium | 2.7 | 13.5% | |
| Sauce Maminara All Purpose | 2.7 | 13.5% | |
| Cheese Cheddar/Jack Shred | 0.8 | 4.0% | |
| Pork & Beef Pepperoni Sliced | 0.8 | 4.0% | |
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| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 6 | 1.5 | 2.4 |
| School K-8 | 6 | 1.5 | 2.4 |
| Daycare 6-12 | 5 | 1.2 | 2 |
| Daycare 3-5 | 4 | 1 | 1.5 |
| Daycare 1-2 | 3 | 0.7 | 1.2 |

| Macaroni & Cheese Cavatappi | | | |
|-----------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 25 | | |
| INGREDIENTS (LBS) | | | |
| Cheese American Loaf | 10 | 40.0% | |
| Pasta Cavatappi Noodle | 10 | 40.0% | |
| Mix Cheese Sauce | 5 | 20.0% | |
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| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 6 | 2.4 | 2.4 |
| School K-8 | 6 | 2.4 | 2.4 |
| Daycare 6-12 | 5 | 2 | 2 |
| Daycare 3-5 | 4 | 1.6 | 1.6 |
| Daycare 1-2 | 3 | 1.2 | 1.2 |

| Hearty Hamburger Gravy | | | |
|---------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 20 | | |
| INGREDIENTS (LBS) | | | |
| Beef Ground Precooked | 12 | 60.0% | |
| Mix Brown Gravy | 4.3 | 21.5% | |
| Diced Onion | 1 | 5.0% | |
| Diced Celery | 1 | 5.0% | |
| Diced Carrot | 1 | 5.0% | |
| Diced Pepper | 0.7 | 3.5% | |
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| | | | |
| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 4 | | 2.4 |
| School K-8 | 4 | | 2.4 |
| Daycare 6-12 | 4 | | 2.4 |
| Daycare 3-5 | 3 | | 1.8 |
| Daycare 1-2 | 2 | | 1.2 |

| Cheesy Joe | | | |
|---------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 12.5 | | |
| INGREDIENTS (LBS) | | | |
| Beef Ground Precooked | 9.4 | 75.0% | |
| Mix Cheese Sauce | 2.5 | 20.0% | |
| Diced Onion | 0.3 | 3.0% | |
| Diced Pepper | 0.3 | 2.0% | |
| | | | |
| | | | |
| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 4 | | 2.3 |
| School K-8 | 4 | | 2.3 |
| Daycare 6-12 | 4 | | 2.3 |
| Daycare 3-5 | 3 | | 1.7 |
| Daycare 1-2 | 2 | | 1.1 |

| Turkey Tetrizzini | | | |
|----------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 20 | | |
| INGREDIENTS (LBS) | | | |
| Turkey Meat Diced | 8 | 40.0% | |
| Pasta WG Spaghetti Noodles | 4 | 20.0% | |
| Cream Base Mix | 3.4 | 17.0% | |
| Alfredo Sauce Mix | 3.4 | 17.0% | |
| Mushroom Pieces | 0.4 | 2.0% | |
| Diced Peppers | 0.4 | 2.0% | |
| Diced Onions | 0.4 | 2.0% | |
| | | | |
| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 6 | 1.2 | 2.4 |
| School K-8 | 6 | 1.2 | 2.4 |
| Daycare 6-12 | 5 | 1 | 2 |
| Daycare 3-5 | 4 | 0.8 | 1.6 |
| Daycare 1-2 | 3 | 0.6 | 1.2 |

| Mexican Tortilla Casserole | | | |
|-------------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 20 | | |
| INGREDIENTS (LBS) | | | |
| Beef Ground Precooked | 8 | 40.0% | |
| Rice Brown | 5 | 25.0% | |
| Mix Cheese Sauce | 2.8 | 14.0% | |
| Cheese Cheddar/Jack Shred | 1 | 5.0% | |
| Diced Onion | 0.36 | 1.8% | |
| Diced Pepper | 0.36 | 1.8% | |
| Diced Tomato | 0.36 | 1.8% | |
| Veg. Blend Chuckwagon Corn | 0.36 | 1.8% | |
| Salsa Chunky Milk | 1.4 | 7.0% | |
| Seasoning Taco | 0.36 | 1.8% | |
| Chip Tortilla Strip - Garnish | | | |
| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 6 | 1.5 | 2.4 |
| School K-8 | 6 | 1.5 | 2.4 |
| Daycare 6-12 | 5 | 1.2 | 2 |
| Daycare 3-5 | 4 | 1 | 1.6 |
| Daycare 1-2 | 3 | 0.7 | 1.2 |

| Chicken Pot Pie | | | |
|---------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 10 | | |
| INGREDIENTS (LBS) | | | |
| Chicken Meat Diced | 4 | 40.0% | |
| Mix Chicken Gravy | 4 | 40.0% | |
| Vegetable Mix 5 Way | 2 | 20.0% | |
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| | | | |
| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 6 | | 2.4 |
| School K-8 | 6 | | 2.4 |
| Daycare 6-12 | 5 | | 2 |
| Daycare 3-5 | 4 | | 1.6 |
| Daycare 1-2 | 3 | | 1.2 |

| Creamy Tuna & Egg Noodles | | | |
|---------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 20 | | |
| INGREDIENTS (LBS) | | | |
| Meat Tuna Light | 8 | 40.0% | |
| Pasta WG Egg Noodles | 4 | 20.0% | |
| Mix Alfredo Sauce | 3.4 | 17.0% | |
| Mix Cream Soup | 3.4 | 17.0% | |
| Diced Onion | 0.4 | 2.0% | |
| Diced Carrot | 0.4 | 2.0% | |
| Diced Celery | 0.4 | 2.0% | |
| | | | |
| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 6 | 1.2 | 2.4 |
| School K-8 | 6 | 1.2 | 2.4 |
| Daycare 6-12 | 5 | 1 | 2 |
| Daycare 3-5 | 4 | 0.8 | 1.6 |
| Daycare 1-2 | 3 | 0.6 | 1.2 |

| Asian Beef & Brown Rice Casserole | | | |
|-----------------------------------|--------------|------------|-----------|
| BATCH YIELD (LBS) | 20 | | |
| INGREDIENTS (LBS) | | | |
| Beef Ground Precooked | 8 | 40.0% | |
| Rice Brown | 4.4 | 22.0% | |
| Teriyaki Glaze | 0.7 | 3.5% | |
| Mushroom Soup | 4 | 20.0% | |
| Diced Onion | 0.76 | 3.8% | |
| Diced Celery | 0.76 | 3.8% | |
| Diced Carrots | 0.76 | 3.8% | |
| Peas | 0.62 | 3.1% | |
| | | | |
| Nutritional Equivalencies | | | |
| | Serving (oz) | Grain (oz) | Meat (oz) |
| School 9-12/Adult | 6 | 1.3 | 2.4 |
| School K-8 | 6 | 1.3 | 2.4 |
| Daycare 6-12 | 5 | 1 | 2 |
| Daycare 3-5 | 4 | 0.8 | 1.6 |
| Daycare 1-2 | 3 | 0.6 | 1.2 |