

Lunch - Daycare



January 2022

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	BBQ Pork Rib Sandwich - CN Cheesy Broccoli Pineapple Tidbits WG Hamburger Bun Milk	4	Beefy WG Macaroni Casserole Corn Fresh Banana Milk	5	Diced Turkey & Gravy Whipped Potatoes Fresh Apple WG Bread Slice Milk	6	Chicken Breast in Gravy - CN Green Beans Fresh Orange WG Dinner Roll Milk	7	Pizza Joe Sandwich Potato Wedges Fresh Pear WG Hamburger Bun Milk
10	Beef Meatballs - CN in Stroganoff Gravy Diced Carrots Applesauce WG Dinner Roll Milk	11	Chicken Alfredo Cass. w/ WG Rotini Pasta Mixed Vegetables Fresh Orange Milk	12	WG Breaded Chicken Sandwich - CN Green Peas Fresh Apple WG Hamburger Bun Milk	13	Cheesy Beef & WG Rice Casserole Broccoli Fresh Banana Milk	14	WG Chicken Tenders - CN Cheesy Whip Potatoes Fresh Pear Milk
17	WG Macaroni & White Cheese Mixed Vegetables Fruit Cocktail Milk	18	Pulled Pork Sandwich - CN Green Beans Fresh Orange WG Hamburger Bun Milk	19	Beef & Shredded Cheese Nachos Vegetarian Refried Beans Fresh Pear WG Tortilla Chips Milk	20	WG Chicken Nuggets - CN Ranch Whip Potatoes Fresh Banana Milk	21	Salisbury Steak & Gravy - CN Mashed Potatoes Fresh Apple WG Dinner Roll Milk
24	Teriyaki Chicken Grill Bites - CN Cauliflower Mandarin Oranges WG Breadstick Milk	25	Chicken Enchilada & WG Rice Casserole Corn Fresh Apple Milk	26	Creamed Chicken Gravy Mashed Potatoes Fresh Orange WG Bread Slice Milk	27	All Beef Hot Dog - CN Au Gratin Potatoes Fresh Banana WG Hot Dog Bun Milk	28	WG Spaghetti & Beef Sauce Romaine Blend Salad Ranch Dressing Fresh Pear Milk
31	Ham & Scalloped Potatoes Broccoli WG Bread Slice Milk	1	Hamburger - CN BBQ Baked Beans Fresh Apple WG Hamburger Bun Milk	2	Chicken Fried Rice (WG) Diced Carrots Fresh Banana Milk	3	Hawaiian BBQ Chicken Grill Bites-CN Cheesy Whip Potatoes Fresh Orange WG Breadstick Milk	4	Beef Taco Casserole w/ WG Rotini Pasta Corn Fresh Pear Milk

Beef Macaroni Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	5	25.0%	
Sauce Tomato	2	10.0%	
Mix Gravy Brown	3.8	19.0%	
Diced Carrot	0.4	2.0%	
Diced Celery	0.4	2.0%	
Diced Onion	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5	1.2	2
Daycare 3-5	4	1	1.6
Daycare 1-2	3	0.7	1.2

Turkey & Gravy			
BATCH YIELD (LBS)	8.4		
INGREDIENTS (LBS)			
Turkey Meat Diced	5	60.0%	
Mix Turkey Gravy	1.9	22.0%	
Diced Onions	0.5	6.0%	
Diced Carrots	0.5	6.0%	
Diced Celery	0.5	6.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		2.4
School K-8	4		2.4
Daycare 6-12	4		2.4
Daycare 3-5	3		1.8
Daycare 1-2	2		1.2

Pizza Joe			
BATCH YIELD (LBS)	25		
INGREDIENTS (LBS)			
Beef Ground Precooked	18.75	75.0%	
Sauce Marinara All Purpose	2.5	10.0%	
Sauce Spaghetti Red. Sodium	2.5	10.0%	
Diced Onion	0.625	2.5%	
Diced Pepper	0.625	2.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		2.3
School K-8	4		2.3
Daycare 6-12	4		2.3
Daycare 3-5	3		1.7
Daycare 1-2	2		1.1

Chicken Alfredo			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chicken Meat Diced	8	40.0%	
Pasta WG Rotini Noodles	5	25.0%	
Mix Country Gravy	3.5	17.5%	
Mix Alfredo Sauce	3.5	17.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5	1.2	2
Daycare 3-5	4	1	1.6
Daycare 1-2	3	0.7	1.2

Cheesy Beef & Rice			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Brown Rice	4	20.0%	
Mix Cheese Sauce	6.5	32.5%	
Diced Onion	0.5	2.5%	
Diced Carrot	0.5	2.5%	
Diced Celery	0.5	2.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Macaroni & Cheese			
BATCH YIELD (LBS)	25		
INGREDIENTS (LBS)			
Cheese American Loaf	10	40.0%	
Pasta WG Elbow Noodle	10	40.0%	
Mix Cheese Sauce	5	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	2.4	2.4
School K-8	6	2.4	2.4
Daycare 6-12	5	2	2
Daycare 3-5	4	1.6	1.6
Daycare 1-2	3	1.2	1.2

Taco Meat Beef			
BATCH YIELD (LBS)	9.5		
INGREDIENTS (LBS)			
Beef Ground Precooked	7.6	80.0%	
Beef Taco Filling	1.9	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3.2
School K-8	4		3.2
Daycare 6-12	3		2.2
Daycare 3-5	2		1.6
Daycare 1-2	2		1.6

Chicken Enchilada & WG Rice Cass			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS) Pound/CS			
Chicken Meat Ground	8	40.0%	
WG Brown Rice	4	20.0%	
Sauce Enchilada	2.4	12.0%	
Water - Gallon	2.4	12.0%	
Shredded Cheese	2	10.0%	
Diced Green Pepper	0.4	2.0%	
Diced Onion	0.4	2.0%	
Diced Tomato	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Creamed Chicken			
BATCH YIELD (LBS)	10		
INGREDIENTS (LBS)			
Chicken Meat Diced	6	60.0%	
Mix Chicken Gravy	1.1	11.0%	
Mix Cream Soup	1.1	11.0%	
Diced Carrots	0.6	6.0%	
Diced Onions	0.6	6.0%	
Diced Celery	0.6	6.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		2.4
School K-8	4		2.4
Daycare 6-12	4		2.4
Daycare 3-5	3		1.8
Daycare 1-2	2		1.2

Spaghetti & Meat Sauce			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	2.75	20.0%	
Sauce Marinara All Purpose	2.75	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Ham & Scalloped Potato			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Diced Ham	8	40.0%	
Potato Scalloped Dehydrated	10.8	54.0%	
Diced Celery	0.4	2.0%	
Diced Carrots	0.4	2.0%	
Diced Onion	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5		2
Daycare 3-5	4		1.6
Daycare 1-2	3		1.2

Chicken Fried Rice			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chicken Meat Diced	8	40.0%	
Brown Rice	5	25.0%	
Diced Onion	0.5	2.5%	
Diced Celery	0.5	2.5%	
Diced Carrot	0.5	2.5%	
Green Peas	0.7	3.5%	
Sauce Teriyaki	4.8	24.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5	1.2	2
Daycare 3-5	4	1	1.6
Daycare 1-2	3	0.7	1.2

Beef Taco Casserole			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Beef Taco Filling	2	10.0%	
Pasta WG Rotini	4	20.0%	
Sauce Mix Cheese	3.9	19.5%	
Diced Onion	0.7	3.5%	
Diced Pepper	0.7	3.5%	
Diced Tomato	0.7	3.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2