



Lunch - Daycare



December 2021

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
29	Taco Joe Sandwich Corn Diced Pears WG Hamburger Bun Milk	30	Chicken Breast - CN in Chicken Gravy Mashed Potatoes Cinnamon Apples WG Dinner Roll Milk	1	WG Mini Chicken Corn Dogs - CN Potato Wedges Fruit Mix Milk	2	Turkey Tetrazini with WG Spaghetti Green Beans Fresh Apple Milk	3	Meatballs - CN in Brown Gravy Carrot Coins Fresh Banana WG Breadstick Milk
6	Cheesy Chicken & WG Rice Cass. Green Beans Sliced Pears Milk	7	Italian Beef Goulash with WG Elbow Pasta Corn Fruit Cocktail Milk	8	All Beef Hot Dog - CN Garlic Mashed Potatoes Fresh Apple WG Hot Dog Bun Milk	9	Beef & Cheese Taco Taco Meat Shredded Cheese Potato Wedges Fresh Pear WG Tortilla Shell Milk	10	WG Chicken Tenders - CN Mixed Vegetables Fresh Orange Milk
13	Meatball Marinara Sub Sandwich - CN Green Beans Pineapple Tidbits WG Hot Dog Bun Milk	14	WG Pork Fritter-CN Cheesy Mashed Potatoes Mandarin Oranges Milk	15	Chicken Dressing Casserole Cheesy Broccoli Fresh Red Grapes WG Dinner Roll Milk <i>*Bonus Special Treat!!</i>	16	Turkey & Scalloped Potatoes Romaine Blend Salad Ranch Dressing WG Breadstick Milk	17	BBQ Chicken Breast Sandwich - CN BBQ Baked Beans Fresh Pear WG Hamburger Bun Milk
20	Orange Chicken Grill Bites - CN Broccoli Tropical Fruit WG Breadstick Milk	21	Hamburger Patty - CN Glazed Diced Carrots Fresh Apple WG Hamburger Bun Milk	22	Swedish Style Meatballs - CN Green Beans Fresh Banana WG Dinner Roll Milk	23	WG Mac & Cheese Mixed Vegetables Fresh Orange Milk	24	Merry Christmas! No Food Service 
27	Chicken Parmesan Cass. w/ WG Penne Corn Pineapple Tidbits Milk	28	WG Chicken Nuggets - CN Peas & Carrots Fresh Orange Milk	29	Beef & Three Bean Chili Romaine Blend Salad Ranch Dressing Fresh Banana WG Breadstick Milk	30	Salisbury Steak - CN in Brown Gravy Mashed Potatoes Fresh Pear WG Dinner Roll Milk	31	Happy New Year! No Food Service 

Taco Joe			
BATCH YIELD (LBS)	9.5		
INGREDIENTS (LBS)			
Beef Ground Precooked	4.2	45.0%	
Beef Taco Filling	3.6	38.0%	
Tomato Paste	0.5	5.0%	
Diced Onion	0.4	4.0%	
Diced Pepper	0.4	4.0%	
Diced Tomato	0.4	4.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		2.5
School K-8	4		2.5
Daycare 6-12	4		2.5
Daycare 3-5	3		1.9
Daycare 1-2	2		1.2

Turkey Tetrazzini			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Turkey Meat Diced	8	40.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Cream Base Mix	3.4	17.0%	
Alfredo Sauce Mix	3.4	17.0%	
Mushroom Pieces	0.4	2.0%	
Diced Peppers	0.4	2.0%	
Diced Onions	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Cheesy Chicken & Rice			
BATCH YIELD (LBS)	16.5		
INGREDIENTS (LBS)			
Chicken Meat Diced	6.6	40.0%	
Brown Rice	3.3	20.0%	
Mix Cheese Sauce	5.4	32.5%	
Diced Onion	0.4	2.5%	
Diced Celery	0.4	2.5%	
Diced Carrots	0.4	2.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	5	1	2
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Italian Goulash			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Sauce Spaghetti	3.4	17.0%	
Sauce Marinara	3.4	17.0%	
Diced Onion	0.4	2.0%	
Diced Pepper	0.4	2.0%	
Diced Tomato	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Taco Meat Beef			
BATCH YIELD (LBS)	9.5		
INGREDIENTS (LBS)			
Beef Ground Precooked	7.6	80.0%	
Beef Taco Filling	1.9	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3.2
School K-8	4		3.2
Daycare 6-12	3		2.2
Daycare 3-5	2		1.6
Daycare 1-2	2		1.6

Chicken Dressing Cass.			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chicken Meat Diced	8	40.0%	
Stuffing Mix Combread	5	25.0%	
Mix Chicken Gravy	5.8	29.0%	
Diced Carrots	0.4	2.0%	
Diced Onions	0.4	2.0%	
Diced Celery	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	5	1.25	2
Daycare 6-12	5	1.25	2
Daycare 3-5	4	1	1.6
Daycare 1-2	3	0.7	1.2

Turkey & Scalloped Potato			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Diced Turkey	8	40.0%	
Potato Scalloped Dehydrated	12	60.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5		2
Daycare 3-5	4		1.6
Daycare 1-2	3		1.2

Macaroni & Cheese			
BATCH YIELD (LBS)	25		
INGREDIENTS (LBS)			
Cheese American Loaf	10	40.0%	
Pasta WG Elbow Noodle	10	40.0%	
Mix Cheese Sauce	5	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	2.4	2.4
School K-8	6	2.4	2.4
Daycare 6-12	5	2	2
Daycare 3-5	4	1.6	1.6
Daycare 1-2	3	1.2	1.2

Chicken Parm Cass w/ Penne			
BATCH YIELD (LBS)	18.65		
INGREDIENTS (LBS)			
Diced Chicken	7.5	40.2%	
WG Penne Pasta	5.95	32.0%	
Alfredo Sauce	2.6	13.9%	
Cheese Sauce	2.6	13.9%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	2.1	2.6
School K-8	6	2.1	2.6
Daycare 6-12	5	1.7	2.1
Daycare 3-5	4	1.3	1.7
Daycare 1-2	3	1	1.2

Hearty 3 Bean Chili			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	5	25.0%	
Bean Chili	4	20.0%	
Bean Kidney	3.8	19.0%	
Bean Black	3.8	19.0%	
Sauce Tomato	2.2	11.0%	
Diced Pepper	0.4	2.0%	
Diced Onion	0.4	2.0%	
Diced Tomato	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	5		3.1
School K-8	5		3.1
Daycare 6-12	5		3.1
Daycare 3-5	4		2.5
Daycare 1-2	3		1.9