

Lunch - Daycare



August 2022

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	<b>Swedish Meatballs-CN</b> Corn Fruit Cocktail WG Breadstick Milk	2	<b>Pizza Pasta Cass. w/ Pepp &amp; WG Rotini</b> Broccoli & Cauliflower Fresh Banana Milk	3	<b>Grilled Chicken Sandwich - CN</b> AuGratin Potatoes Fresh Pear WG Hamburger Bun Milk	4	<b>WG Chicken Nuggets - CN</b> Garlic Mashed Potatoes Fresh Orange Milk	5	<b>Sliced Turkey &amp; American Cheese(.67oz)</b> on WG Bread Green Beans Fresh Apple Milk
8	<b>Mac &amp; White Cheese w/ WG Cavatapi</b> Carrot Coins Fruit Mix Milk	9	<b>WG Chicken Tenders - CN</b> Cheesy Whip Potatoes Fresh Apple Milk	10	<b>Cheesy Tuna &amp; Brown Rice Cass.</b> Peas & Carrots Fresh Pear Milk	11	<b>Hamburger - CN</b> Au Gratin Potatoes Sliced Peaches WG Hamburger Bun Milk	12	<b>BBQ Chicken Breast - CN</b> BBQ Baked Beans Fresh Banana WG Breadstick Milk
15	<b>Sloppy Joe Sandwich</b> Peas & Carrots Tropical Fruit Mix WG Hamburger Bun Milk	16	<b>Turkey Pot Pie over Mashed Potatoes</b> Fresh Banana WG Dinner Roll Milk	17	<b>Sweet &amp; Sour Chicken Grill Bites - CN</b> Mixed Greens Side Salad Ranch Dressing Fresh Apple WG Brown Rice Milk	18	<b>Meatballs in Brown Gravy</b> Mashed Potatoes Fresh Orange WG Breadstick Milk	19	<b>All Beef Hot Dog - CN</b> Potato Wedges Fresh Pear WG Hot Dog Bun Milk
22	<b>Italian Beef Goulash with WG Elbow Pasta</b> Green Beans Applesauce Milk	23	<b>Soft Shell Beef Taco</b> Taco Meat Shredded Cheese Vegetarian Refried Beans Fresh Pear WG Tortilla Shell Milk	24	<b>WG Breaded Fish Sticks - CN</b> Scalloped Potatoes Fresh Apple Milk	25	<b>Chicken Breast &amp; Gravy - CN</b> Mashed Potatoes Cinnamon Pears WG Dinner Roll Milk	26	<b>Ham &amp; AuGratin Potatoes</b> Carrot Chips WG Breadstick Milk
29	<b>Teriyaki Chicken Grill Bites - CN</b> Peas & Carrots Mandarin Oranges WG Dinner Roll Milk	30	<b>Cheesy Beef &amp; Brown Rice Cass.</b> Carrot Coins Fresh Banana Milk	31	<b>WG Breaded Chicken Sandwich - CN</b> Cauliflower & Broccoli Fresh Orange WG Hamburger Bun Milk	1	<b>BBQ Meatballs - CN</b> Mixed Vegetables Fresh Apple WG Breadstick Milk	2	<b>Pulled Pork Sandwich</b> BBQ Baked Beans Fresh Pear WG Hamburger Bun Milk

\*Bonus Holiday Treat!

Pizza Pasta Casserole with Pepperoni				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	8	40.0%		
Pasta WG Rotini	5	25.0%		
Sauce Spaghetti Red Sodium	2.7	13.5%		
Sauce Marinara All Purpose	2.7	13.5%		
Cheese Cheddar/Jack Shred	0.8	4.0%		
Pork & Beef Pepperoni Sliced	0.8	4.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	1.5	2.4	
School K-8	6	1.5	2.4	
Daycare 6-12	5	1.2	2	
Daycare 3-5	4	1	1.5	
Daycare 1-2	3	0.7	1.2	

Macaroni & Cheese Cavatappi				
BATCH YIELD (LBS)	25			
INGREDIENTS (LBS)				
Cheese American Loaf	10	40.0%		
Pasta Cavatappi Noodle	10	40.0%		
Mix Cheese Sauce	5	20.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	2.4	2.4	
School K-8	6	2.4	2.4	
Daycare 6-12	5	2	2	
Daycare 3-5	4	1.6	1.6	
Daycare 1-2	3	1.2	1.2	

Cheesy Tuna & Rice				
BATCH YIELD (LBS)	10			
INGREDIENTS (LBS)				
Meat Tuna Pouch	2	20.0%		
Cheese American Loaf	2	20.0%		
Mix Cheese Sauce	2.3	23.0%		
Brown Rice	2.5	25.0%		
Diced Celery	0.3	3.0%		
Diced Carrot	0.3	3.0%		
Diced Onion	0.3	3.0%		
Peas	0.3	3.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	1.5	2.4	
School K-8	6	1.5	2.4	
Daycare 6-12	5	1.2	2	
Daycare 3-5	4	1	1.6	
Daycare 1-2	3	0.7	1.2	

Sloppy Joe				
BATCH YIELD (LBS)	13			
INGREDIENTS (LBS)				
Beef Ground Precooked	10	76.0%		
Sauce BBQ	1	8.0%		
Tomato Paste	1	8.0%		
Diced Onion	1	8.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	4		2.3	
School K-8	4		2.3	
Daycare 6-12	4		2.3	
Daycare 3-5	3		1.7	
Daycare 1-2	2		1.1	

Turkey Pot Pie				
BATCH YIELD (LBS)	10			
INGREDIENTS (LBS)				
Turkey Meat Diced	4	40.0%		
Mix Chicken Gravy	4	40.0%		
Vegetable Mix 5 Way	2	20.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6		2.4	
School K-8	6		2.4	
Daycare 6-12	5		2	
Daycare 3-5	4		1.6	
Daycare 1-2	3		1.2	

Italian Goulash				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	8	40.0%		
Pasta WG Elbow Noodle	4	20.0%		
Sauce Spaghetti	3.4	17.0%		
Sauce Marinara	3.4	17.0%		
Diced Onion	0.4	2.0%		
Diced Pepper	0.4	2.0%		
Diced Tomato	0.4	2.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	1.2	2.4	
School K-8	6	1.2	2.4	
Daycare 6-12	5	1	2	
Daycare 3-5	4	0.8	1.6	
Daycare 1-2	3	0.6	1.2	

Taco Meat Beef				
BATCH YIELD (LBS)	9.5			
INGREDIENTS (LBS)				
Beef Ground Precooked	7.6	80.0%		
Beef Taco Filling	1.9	20.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	4		3.2	
School K-8	4		3.2	
Daycare 6-12	3		2.2	
Daycare 3-5	2		1.6	
Daycare 1-2	2		1.6	

Ham & AuGratin Potato				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Ham Meat Diced	8	40.0%		
Potato AuGratin Dehydrated	10.8	54.0%		
Diced Celery	0.4	2.0%		
Diced Carrots	0.4	2.0%		
Diced Onion	0.4	2.0%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6		2.4	
School K-8	5		2	
Daycare 6-12	5		2	
Daycare 3-5	4		1.6	
Daycare 1-2	3		1.2	

Cheesy Beef & Rice				
BATCH YIELD (LBS)	20			
INGREDIENTS (LBS)				
Beef Ground Precooked	8	40.0%		
Brown Rice	4	20.0%		
Mix Cheese Sauce	6.5	32.5%		
Diced Onion	0.5	2.5%		
Diced Carrot	0.5	2.5%		
Diced Celery	0.5	2.5%		
Nutritional Equivalencies				
	Serving (oz)	Grain (oz)	Meat (oz)	
School 9-12/Adult	6	1.2	2.4	
School K-8	6	1.2	2.4	
Daycare 6-12	5	1	2	
Daycare 3-5	4	0.8	1.6	
Daycare 1-2	3	0.6	1.2	