

Lunch - Daycare



October 2021

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

<p>27 <b>Cheeseburger</b> American Cheese Corn Fruit Cocktail WG Hamburger Bun Milk</p>	<p>28 <b>Beef &amp; Tater Tot Casserole</b> Mixed Vegetables Diced Peaches WG Dinner Roll Milk</p>	<p>29 <b>WG Mini Chicken Corn Dogs - CN</b> Fresh Carrot Chips Fresh Pear Milk</p>	<p>30 <b>BBQ Pork Rib Patty - CN</b> BBQ Baked Beans Fresh Apple WG Hot Dog Bun Milk</p>	<p>1 <b>Beef Stroganoff with WG Egg Noodles</b> Broccoli Fresh Banana Milk</p>
<p>4 <b>Sloppy Joe Sandwich</b> Potato Wedges Sliced Pears WG Hamburger Bun Milk</p>	<p>5 <b>BBQ Chicken Grill Bites - CN</b> Potato Salad Fresh Apple WG Breadstick Milk</p>	<p>6 <b>WG Chicken Nuggets - CN</b> Cheesy Mashed Potatoes Tropical Fruit Mix Milk</p>	<p>7 <b>Beef Taco Casserole w/ WG Rotini Pasta</b> Carrot Coins Fresh Banana Milk</p>	<p>8 <b>Sliced Turkey &amp; American Cheese on WG Bread</b> Mixed Vegetables Fresh Orange Milk</p>
<p>11 <b>WG Macaroni &amp; Cheese</b> Green Peas Mandarin Oranges Milk</p>	<p>12 <b>Grilled Chicken Sandwich - CN</b> Green Beans Pineapple Tidbits WG Hamburger Bun Milk</p>	<p>13 <b>Meatballs in Brown Gravy - CN</b> Mashed Potatoes Fresh Pear WG Dinner Roll Milk</p>	<p>14 <b>Creamy Tuna &amp; WG Egg Noodle Cass.</b> Winter Blend Vegetables Fresh Apple Milk</p>	<p>15 <b>Beef Hot Dog - CN</b> Scalloped Potatoes Fresh Banana WG Hot Dog Bun Milk</p>
<p>18 <b>Orange Chicken Stir Fry w/ WG Spaghetti Pasta</b> Peas &amp; Carrots Tropical Fruit Milk</p>	<p>19 <b>WG Cheese Ravioli in Marinara Sauce - CN</b> Broccoli Fresh Apple Milk</p>	<p>20 <b>Breakfast for Lunch! Cheese Omelet - CN</b> in Cheese Sauce Breakfast Potatoes Diced Peaches WG Mini Biscuit Milk</p>	<p>21 <b>Taco Joe Sandwich</b> Potato Wedges Fresh Orange WG Hamburger Bun Milk</p>	<p>22 <b>WG Breaded Fish Sticks - CN</b> Ranch Whip Potatoes Fresh Pear Milk</p>
<p>25 <b>Sliced Ham &amp; American Cheese on WG Bun</b> Country Blend Veggies Pineapple Tidbits Milk</p>	<p>26 <b>WG Chicken Tenders - CN</b> Corn Fresh Pear Milk</p>	<p>27 <b>BBQ Chicken Breast Sandwich - CN</b> BBQ Baked Beans Sliced Peaches WG Hamburger Bun Milk</p>	<p>28 <b>Italian Beef Goulash w/ WG Elbow Noodles</b> Romaine Blend Salad Ranch Dressing Fresh Banana Milk</p>	<p>29 <b>Axe Chopped Chicken &amp; Graveyard Gravy</b> Mangled Mashed Potatoes Freakishly Fresh Apple Decrepit Dinner Roll (WG) Monstrous Milk <i>*Bonus Holiday Cookie!</i></p>

<b>Beef &amp; Tater Tot Casserole</b>			
BATCH YIELD (LBS)	10		
INGREDIENTS (LBS)			
Ground Beef Precooked	4	40.0%	
Soup Mushroom	2.3	23.0%	
Mix Cheese Sauce	2.1	21.0%	
Green Bean	1	10.0%	
Diced Onions	0.3	3.0%	
Diced Peppers	0.3	3.0%	
Tator Tots - 1 Layer Tops Every Pan			
Shred Cheese - 1 Layer Tops Every Pan			
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5		2
Daycare 3-5	4		1.6
Daycare 1-2	3		1.2

<b>Beef Stroganoff - Beef Noodle</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Egg Noodle	5	25.0%	
Sour Cream	1	5.0%	
Brown Gravy Mix	6	30.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5	1.2	2
Daycare 3-5	4	1	1.6
Daycare 1-2	3	0.7	1.2

<b>Sloppy Joe</b>			
BATCH YIELD (LBS)	13		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	76.0%	
Sauce BBQ	1	8.0%	
Tomato Paste	1	8.0%	
Diced Onion	1	8.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		2.3
School K-8	4		2.3
Daycare 6-12	4		2.3
Daycare 3-5	3		1.7
Daycare 1-2	2		1.1

<b>Beef Taco Casserole</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Beef Taco Filling	2	10.0%	
Pasta WG Rotini	4	20.0%	
Sauce Mix Cheese	3.9	19.5%	
Diced Onion	0.7	3.5%	
Diced Pepper	0.7	3.5%	
Diced Tomato	0.7	3.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

<b>Macaroni &amp; Cheese</b>			
BATCH YIELD (LBS)	25		
INGREDIENTS (LBS)			
Cheese American Loaf	10	40.0%	
Pasta WG Elbow Noodle	10	40.0%	
Mix Cheese Sauce	5	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	2.4	2.4
School K-8	6	2.4	2.4
Daycare 6-12	5	2	2
Daycare 3-5	4	1.6	1.6
Daycare 1-2	3	1.2	1.2

<b>Creamy Tuna &amp; Egg Noodles</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Meat Tuna Light	8	40.0%	
Pasta WG Egg Noodles	4	20.0%	
Mix Alfredo Sauce	3.4	17.0%	
Mix Cream Soup	3.4	17.0%	
Diced Onion	0.4	2.0%	
Diced Carrot	0.4	2.0%	
Diced Celery	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

<b>Orange Chx &amp; WG Spaghetti</b>			
BATCH YIELD (LBS)	18.5		
INGREDIENTS (LBS)			
Chicken Meat Diced	7.4	40.0%	
WG Spaghetti Pasta	3.7	20.0%	
Teriyaki Sauce	2.8	15.5%	
Orange Juice	2.9	15.5%	
Diced Carrots	0.6	3.0%	
Diced Celery	0.5	3.0%	
Diced Green Onion	0.6	3.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.7	1.6
Daycare 1-2	3	0.6	1.2

<b>Taco Joe</b>			
BATCH YIELD (LBS)	9.5		
INGREDIENTS (LBS)			
Beef Ground Precooked	4.2	45.0%	
Beef Taco Filling	3.6	38.0%	
Tomato Paste	0.5	5.0%	
Diced Onion	0.4	4.0%	
Diced Carrots	0.4	4.0%	
Diced Tomato	0.4	4.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		2.5
School K-8	4		2.5
Daycare 6-12	4		2.5
Daycare 3-5	3		1.9
Daycare 1-2	2		1.2

<b>Italian Goulash</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Sauce Spaghetti	3.4	17.0%	
Sauce Marinara	3.4	17.0%	
Diced Onion	0.4	2.0%	
Diced Pepper	0.4	2.0%	
Diced Tomato	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

<b>Chicken &amp; Gravy</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chicken Meat Diced	12	60.0%	
Mix Chicken Gravy	4.4	22.0%	
Diced Onions	1.2	6.0%	
Diced Carrots	1.2	6.0%	
Diced Celery	1.2	6.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	5		3
School K-8	4		2.4
Daycare 6-12	4		2.4
Daycare 3-5	3		1.8
Daycare 1-2	2		1.2