

MONDAY**TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

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Teriyaki Chicken Breast-CN
Peas & Carrots
Mandarin Oranges
WG Dinner Roll
Milk

[iS]

Cheesy Beef & Brown Rice Cass.
Carrot Coins
Fresh Banana
Milk

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WG Breaded Chicken Sandwich - CN
Cauliflower & Broccoli
Fresh Orange
WG Hamburger Bun
Milk

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BBQ Meatballs - CN
Mixed Vegetables
Fresh Apple
WG Breadstick
Milk

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Pulled Pork Sandwich
BBQ Baked Beans
Fresh Pear
WG Hamburger Bun
Milk

***Bonus Holiday Treat!**

[}J

Happy Labor Day!

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Diced Chicken Alfredo w/ WG Spaghetti
Green Beans
Sliced Peaches
Milk

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WG Chicken Nuggets-CN
Mashed Potatoes
Fresh Apple
Milk

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Cheeseburger
American Cheese
Carrot Coins
Fresh Banana
WG Hamburger Bun
Milk

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WG Spaghetti & Beef Sauce
Mixed Greens Side Salad
Ranch Dressing
Fresh Pear
Milk

[J]

Meatballs in Brown Gravy- CN
Mashed Potatoes
Tropical Fruit
WG Dinner Roll
Milk

[TI]

BBQ Chicken Breast Sandwich-CN
Diced Carrots
Fresh Pear
WG Hamburger Bun
Milk

[HJ]

WG Macaroni & Cheese
Green Peas
Fresh Orange
Milk

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Cheesy Broccoli Chicken Breast - CN
Mixed Vegetables
Fresh Banana
WG Breadstick
Milk

[Till]

Diced Turkey & Gravy
Mashed Potatoes
Fresh Apple
WG Dinner Roll
Milk

[J]J

WG Chicken Tenders-CN
Scalloped Potatoes
Pineapple Tidbits
Milk

[Q]

Chicken Parmesan
Chicken Breast - CN
in Marinara Sauce with
Shredded Parmesan Cheese
Broccoli
Fresh Apple
WG Breadstick
Milk

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Soft Shell Beef Taco
Taco Meat
Shredded Cheese
Potato Wedges
Peaches & Strawberries
WG Tortilla Shell
Milk

@J

Sliced Turkey & American Cheese(.67oz) onWG Bread
Twice Baked Mashed Potatoes
Fresh Pear
Milk

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Sweet & Sour Meatballs - CN
Peas & Carrots
Fresh Orange
WG Breadstick
Milk

All Beef Hot Dog-CN
Corn
Fruit Cocktail
WG Hot Dog Bun
Milk

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Chicken Pot Pie
Mashed Potatoes
Diced Peaches
WG Dinner Roll
Milk

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Cheeseburger Mac w/ WG Elbow Noodles
Fresh Carrot Chips
Fresh Pear
Milk

BBQ Pork Rib Patty- CN
BBQ Baked Beans
Fresh Apple
WG Hot Dog Bun
Milk

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WG Mini Chicken Corn Dogs - CN
Broccoli
Fresh Banana
Milk

Cheesv Beef & Rice			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef GroundPrecooked	8	40.0%	
Brown Rice	1	20.0%	
Mix Oil&eso Sauce	6.5		
Diced Onion	0.5	32.5 %	
Diced Canot	0.5	2.5%	
Diced Colen,	0.5	2.5%	
Nutritional Equivalences			
SerVing (oz)	Grain (oz)	Meat(oz)	
School 12/Adult	1.1	2.4	
School K-8	1.0	2.4	
0.1ycaieo-12	1	2	
DayCD.nl J-5	0.8	1.6	
DayCDJO 1-2	0.8	1.2	

Chicken Alfredo w/ Soahetti Pasta			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
0/rt.d Chicken Meat	8	40.0%	
Pasta WG S1Joonetri	5	25.0%	
MixC OuntryGraw	3.5	17.5%	
Mix Alfredo Sauce	3.5	17.5%	
Nutritional Equivalences			
SerVing (oz)	Grain (oz)	Meat(oz)	
School 9-12/Adult	1.5	2.4	
School K-8	1.4	2.4	
0.1ycaieo-12	1.2	2	
DayCD.nl J-5	1.0	1.6	
DayCDJO 1-2	0.8	1.2	

Spaahetti&MeatSauce			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef GroundPrecooked	8	40.0%	
Pasta WG S1Joonetri	4	20.0%	
Sauce SpaghetU Red Sodium	3.7	18.5%	
Sauce Marinara AllPu)Xise	3.7	18.5%	
DicedOnion	1.6	8.0%	
Nutritional Equivalences			
SerVing (oz)	Grain (oz)	Meat(oz)	
School 9-12/Adult	1.2	2.4	
School K-8	1.2	2.4	
0.1ycaieo-12	1	2	
DayCD.nl J-5	0.8	1.6	
DayCDJO 1-2	0.6	1.2	

Macaroni & Cheese			
BATCH YIELD (LBS)	25		
INGREDIENTS (LBS)			
Cheese11 American LDar	10	40.0%	
Pasta WG Eibov Noodle	10	40.0%	
Mix Cheese Sauce	5	20.0%	
Nutritional Equivalences			
SerVing (oz)	Grain (oz)	Meat(oz)	
School 9-12/Adult	2.4	2.4	
School K-8	2.4	2.4	
0.1ycaieo-12	2	2	
DayCD.nl J-5	1.6	1.6	
DayCDJO 1-2	1.2	1.2	

Turkey & Gravy			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Turkey11 MeatDiced	12	60.0%	
Mix Oilken Graw	6	30.0%	
DicedOnion	1.2	6.0%	
DicedCanot	1.2	6.0%	
DicedOnion	1.2	6.0%	
Nutritional Equivalences			
SerVing (oz)	Grain (oz)	Meat(oz)	
School 9-12/Adult	5	5	
School K-8	5	5	
0.1ycaieo-12	5	5	
DayCD.nl J-5	3	3	
DayCDJO 1-2	2	2	

Taco Meat Beef			
BATCH YIELD (LBS)	9.5		
INGREDIENTS (LBS)			
Beef GroundPrecooked	7.6	80.0%	
UeeToco R1Inq	1	10.5%	
Nutritional Equivalences			
SerVing (oz)	Grain (oz)	Meat(oz)	
School 9-12/Adult	4	3.2	
School K-8	4	3.0	
0.1ycaieo-12	3	2.2	
DayCD.nl J-5	2	1.8	
DayCDJO 1-2	2	1.0	

Chicken Pot Pie			
BATCH YIELD (LBS)	10		
INGREDIENTS (LBS)			
Chicken Meat Diced	4	40.0%	
UO:O:Clk	4	40.0%	
Vegtable 1:1a 5Way	2	20.0%	
Nutritional Equivalences			
SerVing (oz)	Grain (oz)	Meat(oz)	
School 9-12/Adult	6	2.4	
School K-8	6	2.4	
0.1ycaieo-12	6	2.4	
DayCD.nl J-5	4	1.6	
DayCDJO 1-2	3	1.2	

Cheeseburoer Macaroni			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chili11se American Loar	8	40.0%	
Pasta WG Bbow Noodle	8	40.0%	
Mix O:SSaute	2	10.0%	
Beef Ground Precooed	6.1	30.5%	
DicedOnion	0.8	4.0%	
Nutritional Equivalences			
SerVing (oz)	Grain (oz)	Meat(oz)	
School 9-12/Adult	1.8	2.5	
School K-8	1.8	2.5	
0.1ycaieo-12	1.8	2.1	
DayCD.nl J-5	1.2	1.7	
DayCDJO 1-2	0.8	1.2	