



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

27	<b>Chicken Pot Pie over Mashed Potatoes</b> Tropical Fruit WG Bread Slice Milk	28	<b>Cheeseburger - CN</b> American Cheese Slice Green Beans Fresh Apple WG Hamburger Bun Milk	1	<b>WG Chicken Tenders - CN</b> Green Peas Fresh Pear Milk	2	<b>Mexican Tortilla Cass. W/ Beef &amp; WG Rice</b> Broccoli & Cauliflower Fresh Banana Milk	3	<b>WG Fish Sticks - CN</b> Creamed Corn Fresh Orange Tartar Sauce PC Milk
6	<b>Hamburger Patty - CN</b> Carrot Coins Apricot Halves WG Hamburger Bun Milk	7	<b>BBQ Meatballs - CN</b> Potato Wedges Fresh Banana WG Breadstick Milk	8	<b>Chicken Breast &amp; Chicken Gravy</b> Mashed Potatoes Fresh Apple WG Bread Slice Milk	9	<b>WG Chicken Tenders - CN</b> Mixed Vegetables Fresh Orange Milk	10	<b>WG Mac &amp; Cheese</b> Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk
13	<b>Cheesy Beef &amp; WG Rice</b> Green Beans Diced Peaches Milk	14	<b>Beef &amp; Cheese Taco</b> Taco Meat Shredded Cheese Corn Fresh Orange WG Tortilla Shell Milk	15	<b>WG Breaded Chicken Sandwich</b> Mashed Potatoes Fresh Banana WG Hamburger Bun Milk	16	<b>Beef &amp; Tater Tot Casserole</b> Crinkle Cut Carrots Fresh Pear WG Dinner Roll Milk	17	<b>Happy St. Pat's Day! WG Breaded Fish &amp; Cheese Sandwich</b> Cheesy Mashed Potatoes Fresh Apple Tartar Sauce PC Milk <i>Bonus Holiday Treat!</i>
20	<b>Meatballs in Brown Gravy - CN</b> Diced Carrots Sliced Pears WG Breadstick Milk	21	<b>Chicken Breast in Supreme Sauce - CN</b> Garlic Whipped Potatoes Fresh Banana WG Bread Slice Milk	22	<b>WG Chicken Nuggets - CN</b> Peas Fresh Pear Milk	23	<b>Pizza Joe Sandwich</b> Potato Wedges Fresh Orange WG Hamburger Bun Milk	24	<b>Cheese Ravioli in Marinara Sauce</b> Broccoli Cuts Fresh Apple Milk <i>*Meal Does Not Contain A Whole Grain</i>
27	<b>Hamburger - CN</b> Scalloped Potatoes Pineapple Tidbits WG Hamburger Bun Milk	28	<b>Creamed Chicken Gravy over Mashed Potatoes</b> Fresh Orange WG Dinner Roll Milk	29	<b>BBQ Pork Rib Patty - CN</b> Mixed Greens Salad Ranch Dressing Fresh Apple WG Mini Hoagie Bun Milk	30	<b>Beefy Mac Cass. w/ WG Cavatappi</b> Corn Fresh Banana Milk	31	<b>Cheesy Tuna &amp; WG Mac Casserole</b> Diced Sweet Potatoes Fresh Pear Milk



<b>Chicken Pot Pie</b>			
BATCH YIELD (LBS)		10	
INGREDIENTS (LBS)			
Chicken Meat Diced	4	40.0%	
Mix Chicken Gravy	4	40.0%	
Vegetable Mix 5 Way	2	20.0%	
Nutritional Equivalencies			
		Serving (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5		2
Daycare 3-5	4		1.6
Daycare 1-2	3		1.2

<b>Mexican Tortilla Casserole</b>			
BATCH YIELD (LBS)		20	
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Rice Brown	8	25.0%	
Mix Cheese Sauce	2.6	14.0%	
Cheese Cheddar/Jack Shred	1	5.0%	
Diced Onion	0.36	1.8%	
Diced Pepper	0.36	1.8%	
Diced Tomato	0.36	1.8%	
Veg. Blend Chuckwagon Corn	0.36	1.8%	
Salsa Chunky Mix	1.4	7.0%	
Seasoning Taco	0.36	1.8%	
Chip Tortilla Strip - Gamish			
Nutritional Equivalencies			
		Serving (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5	1.2	2
Daycare 3-5	4	1	1.6
Daycare 1-2	3	0.7	1.2

<b>Macaroni &amp; Cheese</b>			
BATCH YIELD (LBS)		25	
INGREDIENTS (LBS)			
Cheese American Loaf	10	40.0%	
Pasta WG Elbow Noodle	10	40.0%	
Mix Cheese Sauce	5	20.0%	
Nutritional Equivalencies			
		Serving (oz)	Meat (oz)
School 9-12/Adult	6	2.4	2.4
School K-8	6	2.4	2.4
Daycare 6-12	5	2	2
Daycare 3-5	4	1.6	1.6
Daycare 1-2	3	1.2	1.2

<b>Cheesy Beef &amp; Rice</b>			
BATCH YIELD (LBS)		20	
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Brown Rice	4	20.0%	
Mix Cheese Sauce	6.5	32.5%	
Diced Onion	0.5	2.5%	
Diced Carrot	0.5	2.5%	
Diced Celery	0.5	2.5%	
Nutritional Equivalencies			
		Serving (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

<b>Taco Meat Beef</b>			
BATCH YIELD (LBS)		9.5	
INGREDIENTS (LBS)			
Beef Ground Precooked	7.8	80.0%	
Beef Taco Filling	1.9	20.0%	
Nutritional Equivalencies			
		Serving (oz)	Meat (oz)
School 9-12/Adult	4		3.2
School K-8	4		3.2
Daycare 6-12	3		2.2
Daycare 3-5	2		1.6
Daycare 1-2	2		1.6

<b>Beef &amp; Tater Tot Casserole</b>			
BATCH YIELD (LBS)		10	
INGREDIENTS (LBS)			
Ground Beef Precooked	4	40.0%	
Soup Mushroom	2.3	23.0%	
Mix Cheese Sauce	2.1	21.0%	
Green Bean	1	10.0%	
Diced Onions	0.3	3.0%	
Diced Peppers	0.3	3.0%	
Tater Tots - 1 Layer Tops Every Pan			
Shred Cheese - 1 Layer Tops Every Pan			
Nutritional Equivalencies			
		Serving (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5		2
Daycare 3-5	4		1.6
Daycare 1-2	3		1.2

<b>Pizza Joe</b>			
BATCH YIELD (LBS)		25	
INGREDIENTS (LBS)			
Beef Ground Precooked	18.75	75.0%	
Sauce Marinara All Purpose	2.5	10.0%	
Sauce Spaghetti Red. Sodium	2.5	10.0%	
Diced Onion	0.625	2.5%	
Diced Pepper	0.625	2.5%	
Nutritional Equivalencies			
		Serving (oz)	Meat (oz)
School 9-12/Adult	4		3
School K-8	4		3
Daycare 6-12	4		3
Daycare 3-5	3		2.2
Daycare 1-2	2		1.5

<b>Creamed Chicken</b>			
BATCH YIELD (LBS)		10	
INGREDIENTS (LBS)			
Chicken Meat Diced	8	80.0%	
Mix Chicken Gravy	1.1	11.0%	
Mix Cream Soup	1.1	11.0%	
Diced Carrots	0.6	6.0%	
Diced Onions	0.6	6.0%	
Diced Celery	0.6	6.0%	
Nutritional Equivalencies			
		Serving (oz)	Meat (oz)
School 9-12/Adult	4		2.4
School K-8	4		2.4
Daycare 6-12	4		2.4
Daycare 3-5	3		1.6
Daycare 1-2	2		1.2

<b>Beef Macaroni Casserole</b>			
BATCH YIELD (LBS)		20	
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	5	25.0%	
Sauce Tomato	2	10.0%	
Mix Gravy Brown	3.5	19.0%	
Diced Carrot	0.4	2.0%	
Diced Celery	0.4	2.0%	
Diced Onion	0.4	2.0%	
Nutritional Equivalencies			
		Serving (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5	1.2	2
Daycare 3-5	4	1	1.6
Daycare 1-2	3	0.7	1.2

<b>Tuna Macaroni &amp; Cheese</b>			
BATCH YIELD (LBS)		18.75	
INGREDIENTS (LBS)			
Cheese American Loaf	3.75	20.0%	
Pasta WG Elbow Noodle	8	43.0%	
Mix Cheese Sauce	3	16.0%	
Meat Tuna Light Pouch	4	21.0%	
Nutritional Equivalencies			
		Serving (oz)	Meat (oz)
School 9-12/Adult	6	2.5	2.4
School K-8	5	2.1	2
Daycare 6-12	5	2.1	2
Daycare 3-5	4	1.7	1.6
Daycare 1-2	3	1.2	1.2