




MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
29	Beef Taco Casserole with WG Rotini Pasta Corn Mandarin Oranges Milk	30	BBQ Hamburger Patty BBQ Baked Beans Strawberries & Peaches WG Hamburger Bun Milk	1	WG Chicken Nuggets - CN Diced Carrots Fresh Banana Milk	2	Meatballs in Brown Gravy - CN Mashed Potatoes Fresh Pear Milk	3	Beef Stroganoff with WG Elbow Pasta Green Beans Fresh Orange Milk
6	Grilled Chicken Sandwich - CN Mixed Vegetables Apricot Halves WG Hamburger Bun Milk	7	Beef & Tater Tot Casserole Corn Fresh Apple Milk	8	Mini Chicken Corn Dogs - CN Garlic Tri-Cut Potatoes Fresh Banana Milk	9	Chicken Alfredo w/ WG Rotini Pasta Green Beans Fresh Orange Milk	10	Hamburger Patty Diced Sweet Potatoes Fresh Pear WG Hamburger Bun Milk
13	WG Macaroni & White Cheese Broccoli Fruit Mix Milk	14	Turkey Tetrazzini with WG Pasta Peas Fresh Pear Milk	15	Chicken Pot Pie Mashed Potatoes Fresh Apple Milk	16	Meatballs in Marinara - CN Diced Carrots Fresh Orange Milk	17	Pulled Pork Sandwich Twice Baked Mash Potato Fresh Banana WG Hamburger Bun Milk
20	Chicken Breast - CN in Chicken Gravy Mashed Potatoes Apricot Halves Milk	21	WG Chicken Nuggets - CN Peas Fresh Orange Milk	22	Beef & Cheese Taco on WG Tortilla Shell Shredded Cheese Refried Beans Fresh Banana Milk	23	All Beef Hot Dog - CN Corn Fresh Apple WG Hot Dog Bun Milk	24	Sloppy Joe Sandwich Potato Wedges Fresh Pear WG Hamburger Bun Milk
27		28	WG Spaghetti & Beef Sauce Peas & Carrots Sliced Pears Milk	29	WG Breaded Chicken Sandwich - CN Diced Potatoes Fresh Apple WG Hamburger Bun Milk	30	BBQ Meatballs - CN BBQ Baked Beans Fresh Banana Milk	31	Cheesy Chicken Breast - CN Fiesta Corn Fresh Pear Milk

Beef Taco Casserole				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	8.7	43.5%		
Pasta WG Rotini	5	25.0%		
Sauce Mix Cheese	4	20.0%		
Diced Onion	0.8	4.0%		
Diced Tomato	0.8	4.0%		
Diced Pepper	0.7	3.5%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.6	
School K-8	6	1.5	2.6	
Daycare 6-12	5	1.2	2.1	
Daycare 3-5	4	1	1.7	
Daycare 1-2	3	0.7	1.3	

Beef Stroganoff - Beef Noodle				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	8	40.0%		
Pasta WG Egg Noodle	5	25.0%		
Sour Cream	1	5.0%		
Brown Gravy Mix	6	30.0%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4	
School K-8	6	1.5	2.4	
Daycare 6-12	5	1.2	2	
Daycare 3-5	4	1	1.6	
Daycare 1-2	3	0.7	1.2	

Beef & Tater Tot Casserole				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Ground Beef Precooked	8	40.0%		
Soup Mushroom	4.8	24.0%		
Mix Cheese Sauce	2.6	13.0%		
Canned Cheese Sauce	2.6	13.0%		
Green Bean	2	10.0%		
Tator Tots - 1 Layer Tops Every Pan				
Shred Cheese - 1 Layer Tops Every Pan				
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4	
School K-8	6	1.5	2.4	
Daycare 6-12	5	1.2	2	
Daycare 3-5	4	1	1.6	
Daycare 1-2	3	0.7	1.2	

Chicken Alfredo				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Chicken Meat Diced	8	40.0%		
Pasta WG Rotini Noodles	5	25.0%		
Mix Country Gravy	3.5	17.5%		
Mix Alfredo Sauce	3.5	17.5%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4	
School K-8	6	1.5	2.4	
Daycare 6-12	5	1.2	2	
Daycare 3-5	4	1	1.6	
Daycare 1-2	3	0.7	1.2	

White Mac & Cheese				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Cheese Amer. White Loaf	6	30.0%		
Pasta WG Elbow Noodle	6	30.0%		
Shredded Mozzarella	4	20.0%		
Cheese Sauce Blanco	4	20.0%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.8	3	
School K-8	6	1.8	3	
Daycare 6-12	5	1.5	2.5	
Daycare 3-5	4	1.2	2	
Daycare 1-2	3	0.9	1.5	

Chicken Pot Pie				
BATCH YIELD (LBS)		10		
INGREDIENTS (LBS)				
Chicken Meat Diced	4	40.0%		
Mix Chicken Gravy	4	40.0%		
Vegetable Mix 5 Way	2	20.0%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	2.4		
School K-8	6	2.4		
Daycare 6-12	5	2		
Daycare 3-5	4	1.6		
Daycare 1-2	3	1.2		

Sloppy Joe				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	15.2	76.0%		
Sauce BBQ	2.2	11.0%		
Tomato Paste	1.6	8.0%		
Diced Onion	0.5	2.5%		
Diced Green Pepper	0.5	2.5%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4	3		
School K-8	4	3		
Daycare 6-12	4	3		
Daycare 3-5	3	2.2		
Daycare 1-2	2	1.5		

Spaghetti & Meat Sauce				
BATCH YIELD (LBS)		20		
INGREDIENTS (LBS)				
Beef Ground Precooked	10	50.0%		
Pasta WG Spaghetti Noodles	4	20.0%		
Sauce Spaghetti Red. Sodium	6	30.0%		
Nutritional Equivalencies				
		Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	3	
School K-8	6	1.2	3	
Daycare 6-12	5	1	2.5	
Daycare 3-5	4	0.8	2	
Daycare 1-2	3	0.6	1.5	