




MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	<b>Labor Day</b> 	3	<b>Chicken Alfredo with WG Spaghetti</b> Green Beans Sliced Peaches Milk	4	<b>WG Chicken Nuggets - CN</b> Cheesy Mash Potatoes Fresh Apple Milk	5	<b>Hamburger Pizza Pasta w/ Pepperoni &amp; WG Rotini</b> Mixed Greens Side Salad Ranch Dressing Fresh Banana Milk	6	<b>BBQ Pork Rib Patty - CN</b> Scalloped Potatoes Fresh Pear WG Hot Dog Bun Milk
9	<b>Meatballs in Brown Gravy - CN</b> Mashed Potatoes Tropical Fruit WG Dinner Roll Milk	10	<b>Sliced Turkey &amp; American Cheese(.67oz)</b> on WG Bun Fresh Carrot Chips Fresh Pear Milk	11	<b>WG Macaroni &amp; Cheese</b> Green Peas Fresh Orange Milk	12	<b>Cheesy Broccoli Chicken Breast - CN</b> Mixed Vegetables Fresh Banana WG Breadstick Milk	13	<b>Sloppy Joe Sandwich</b> Cheesy Hashbrowns Fresh Apple WG Hamburger Bun Milk
16	<b>WG Chicken Tenders - CN</b> Corn Pineapple Tidbits Milk	17	<b>Meatball Sub with Marinara Sauce</b> Broccoli Fresh Apple WG Mini Coney Bun Milk	18	<b>Cheeseburger</b> American Cheese Potato Wedges Peaches & Strawberries WG Hamburger Bun Milk	19	<b>WG Breaded Chicken Patty - CN</b> Twice Baked Mashed Fresh Pear Milk	20	<b>Pulled Pork Sandwich</b> Diced Sweet Potatoes Fresh Orange WG Hamburger Bun Milk
23	<b>All Beef Hot Dog-CN</b> Potato Salad Diced Peaches WG Hot Dog Bun Milk	24	<b>Breakfast for Lunch!</b> Cheese Omelet in Cheese Sauce - CN Diced Potatoes Fruit Cocktail WG Jumbo Biscuit Milk	25	<b>WG Chicken Nuggets - CN</b> Corn Fresh Pear Milk	26	<b>Cheeseburger Mac with WG Elbows</b> Mixed Greens Side Salad Ranch Dressing Fresh Banana Milk	27	<b>Hamburger Patty with Tomato Gravy</b> Cheesy Mashed Potatoes Fresh Apple WG Dinner Roll Milk
30	<b>Pulled Chicken Tacos with Shredded Cheese</b> Chili Beans Sliced Pears WG Tortilla Shell Milk	1	<b>Chicken Pot Pie over Mashed Potatoes</b> Fresh Apple WG Dinner Roll Milk	2	<b>Ground Beef Philly</b> Potato Wedges Fresh Pear WG Hot Dog Bun Milk	3	<b>WG Chicken Tenders - CN</b> Peas & Carrots Fresh Banana Milk	4	<b>WG Spaghetti &amp; Beef Sauce</b> Mixed Greens Side Salad Ranch Dressing Fresh Orange Milk

<b>Chicken Alfredo w/ Spaghetti Pasta</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Diced Chicken Meat	8	40.0%	
Pasta WG Spaghetti	5	25.0%	
Mix Country Gravy	3.5	17.5%	
Mix Alfredo Sauce	3.5	17.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5	1.2	2
Daycare 3-5	4	1	1.6
Daycare 1-2	3	0.7	1.2

<b>Pizza Pasta Casserole with Pepperoni</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Rotini	4	20.0%	
Sauce Spaghetti Red. Sodium	3.2	16.0%	
Sauce Maminara All Purpose	3.2	16.0%	
Shredded Mozzarella/Parm	0.8	4.0%	
Pork & Beef Pepperoni Sliced	0.8	4.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.5
Daycare 1-2	3	0.6	1.2

<b>Macaroni &amp; Cheese</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese American Loaf	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Mix Cheese Sauce	4	20.0%	
Canned Cheese Sauce	2	10.0%	
Water	2	10.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5 - #6	1	2
Daycare 3-5	4 - #8	0.8	1.6
Daycare 1-2	3 - #12	0.6	1.2

<b>Sloppy Joe</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	15.2	76.0%	
Sauce BBQ	2.2	11.0%	
Tomato Paste	1.6	8.0%	
Diced Onion	0.5	2.5%	
Diced Green Pepper	0.5	2.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3
School K-8	4		3
Daycare 6-12	4 - #8		3
Daycare 3-5	3 - #12		2.2
Daycare 1-2	2 - #16		1.5

<b>Cheeseburger Macaroni</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	6	30.0%	
Cheese American Loaf	3	15.0%	
Mix Cheese Sauce	1.5	7.5%	
Canned Cheese Sauce	1.5	7.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.8	3.3
School K-8	6	1.8	3.3
Daycare 6-12	5 - #6	1.5	2.7
Daycare 3-5	4 - #8	1.2	2.2
Daycare 1-2	3 - #12	0.9	1.6

<b>Chicken Pot Pie</b>			
BATCH YIELD (LBS)	10		
INGREDIENTS (LBS)			
Chicken Meat Diced	4	40.0%	
Mix Chicken Gravy	4	40.0%	
Vegetable Mix 5 Way	2	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	6		2.4
Daycare 6-12	5		2
Daycare 3-5	4		1.6
Daycare 1-2	3		1.2

<b>Ground Beef Philly</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	16	80.0%	
Peppers & Onions	2	10.0%	
Canned Queso Sauce	2	10.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3.2
School K-8	4		3.2
Daycare 6-12	4		3.2
Daycare 3-5	3		2.4
Daycare 1-2	2		1.6

<b>Spaghetti &amp; Meat Sauce</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	50.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	6	30.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	3
School K-8	6	1.2	3
Daycare 6-12	5	1	2.5
Daycare 3-5	4	0.8	2
Daycare 1-2	3	0.6	1.5