

Lunch - Daycare



August 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
29	<b>WG Spaghetti &amp; Beef Sauce</b> Green Beans Fruit Cocktail Milk	30	<b>All Beef Hot Dog - CN</b> Diced Sweet Potatoes Fresh Banana WG Hot Dog Bun Milk	31	<b>BBQ Chicken Breast - CN</b> Diced Carrots Fresh Pear WG Breadstick Milk	1	<b>WG Chicken Nuggets - CN</b> Augratin Potatoes Fresh Orange Milk	2	<b>Sliced Turkey &amp; American Cheese(.67oz) on WG Bread</b> Fresh Carrot Sticks Fresh Apple Milk
5	<b>WG Mac &amp; White Cheese</b> Mixed Vegetables Fruit Mix Milk	6	<b>WG Chicken Tenders - CN</b> Cheesy Whip Potatoes Fresh Apple Milk	7	<b>Cheesy Chicken Breast</b> Peas & Carrots Fresh Pear WG Dinner Roll Milk	8	<b>Hamburger - CN</b> Cheesy Hashbrowns Sliced Peaches WG Hamburger Bun Milk	9	<b>BBQ Pork Rib Patty - CN</b> BBQ Baked Beans Fresh Banana WG Mini Hoagie Bun Milk
12	<b>Ground Beef Philly Sandwich</b> Diced Potatoes Tropical Fruit Mix WG Hot Dog Bun Milk	13	<b>Chicken Breast w/ Cordon Bleu Sauce</b> Fresh Carrot Chips Fresh Banana WG Dinner Roll Milk	14	<b>WG Chicken Nuggets - CN</b> Corn Fresh Apple Milk	15	<b>Meatballs in Brown Gravy</b> Mashed Potatoes Fresh Orange WG Breadstick Milk	16	<b>All Beef Hot Dog - CN</b> Potato Wedges Fresh Pear WG Hot Dog Bun Milk
19	<b>Italian Beef Goulash with WG Elbow Pasta</b> Diced Carrots Applesauce Milk	20	<b>Sliced Turkey &amp; Amer. Cheese(.67oz) on WG Bread</b> Potato Salad Fresh Pear Milk	21	<b>Soft Shell Beef Taco</b> Taco Meat Shredded Cheese Pinto Beans Fresh Apple WG Tortilla Shell Milk	22	<b>Chicken Breast &amp; Gravy - CN</b> Mashed Potatoes Cinnamon Pears WG Dinner Roll Milk	23	<b>Cheeseburger - CN</b> American Cheese Slice Coleslaw Fresh Orange WG Hamburger Bun Milk
26	<b>BBQ Chicken Breast Sandwich - CN</b> Scalloped Potatoes Mandarin Oranges WG Hamburger Bun Milk	27	<b>Tortilla, Beef &amp; Brown Rice Cass.</b> Carrot Coins Fresh Banana Milk	28	<b>WG Breaded Chicken Sandwich - CN</b> Fresh Celery Sticks Fresh Orange WG Hamburger Bun Milk	29	<b>Meatballs in Marinara - CN</b> Green Beans Fresh Apple WG Breadstick Milk	30	<b>Pulled Pork Sandwich</b> Diced Potatoes Fresh Pear WG Hamburger Bun Milk <b>*Bonus Holiday Treat!</b>

<b>Spaghetti &amp; Meat Sauce</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	50.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red, Sodium	6	30.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	3
School K-8	6	1.2	3
Daycare 6-12	5	1	2.5
Daycare 3-5	4	0.8	2
Daycare 1-2	3	0.6	1.5

<b>White Mac &amp; Cheese</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Cheese Amer. White Loaf	6	30.0%	
Pasta WG Elbow Noodle	6	30.0%	
Shredded Mozzarella	4	20.0%	
Cheese Sauce Blanco	4	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.8	3
School K-8	6	1.8	3
Daycare 6-12	5	1.5	2.5
Daycare 3-5	4	1.2	2
Daycare 1-2	3	0.9	1.5

<b>Ground Beef Philly</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	16	80.0%	
Peppers & Onions	2	10.0%	
Canned Queso Sauce	2	10.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3.2
School K-8	4		3.2
Daycare 6-12	4		3.2
Daycare 3-5	3		2.4
Daycare 1-2	2		1.6

<b>Italian Goulash</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Elbow Noodle	4	20.0%	
Sauce Spaghetti	3.2	16.0%	
Sauce Marinara	3.2	16.0%	
Diced Onion	0.4	2.0%	
Diced Pepper	0.4	2.0%	
Diced Tomato	0.4	2.0%	
Diced Carrot	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

<b>Fiesta Tortilla Casserole</b>			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Rice Brown	5	25.0%	
Mix Cheese Sauce	2.8	14.0%	
Cheese Sauce, Canned	1.6	8.0%	
Cheese Cheddar/Jack Shred	1.2	6.0%	
Salsa Chunky Mild	1	5.0%	
Veg. Blend Chuckwagon Corn	0.4	2.0%	
Chip Tortilla Strip - Garnish			
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5	1.2	2
Daycare 3-5	4	1	1.6
Daycare 1-2	3	0.7	1.2