



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	Sloppy Joe Sandwich on WG Hamburger Bun Potato Wedges Sliced Pears Milk	4	Cheesy Chicken Breast - CN Fiesta Bean Trio Fresh Apple WG Breadstick Milk	5	WG Chicken Tenders - CN Mixed Vegetables Fresh Banana Milk	6	Ham & Au gratin Potatoes Broccoli WG Breadstick Milk	7	WG Mac & Cheese BBQ Baked Beans Fresh Orange Milk <i>Bonus Holiday Treat!</i>
10	WG Spaghetti & Meat Sauce Peas Pineapple Tidbits Milk	11	WG Chicken Nuggets - CN Mixed Vegetables Fresh Apple Milk	12	Hamburger Pizza Pasta w/ WG Rotini & Pepperoni Mixed Greens Side Salad Ranch Dressing Fresh Pear Milk	13	Swedish Meatballs Mashed Potatoes Fresh Orange WG Dinner Roll Milk	14	All Beef Hot Dog Corn Fresh Banana WG Hot Dog Bun Milk
17	Grilled Chicken Breast Sandwich - CN BBQ Baked Beans Applesauce WG Hamburger Bun Milk	18	Beef & Cheese Taco Taco Meat Shredded Cheese WG Tortilla Shell Corn Fresh Orange Milk	19	Cheesy Chicken & WG Rice Casserole Broccoli Fresh Apple Milk	20	WG Mini Chicken Corn Dogs - CN Twice Baked Mash Potatoes Fresh Pear Milk	21	Sweet & Sour Meatballs - CN Cauliflower Fresh Banana WG Breadstick Milk
24	Turkey Tetrazini with WG Pasta Peas Fruit Cocktail Milk	25	Beef & 3 Bean Chili Potato Wedges Fresh Orange WG Dinner Roll Milk	26	Diced Chicken & Gravy over Mashed Potatoes Fresh Banana WG Dinner Roll Milk	27	Meatball Marinara Sub Sandwich Green Beans Fresh Pear WG Mini Hoagie Bun Milk	28	WG Chicken Tenders - CN Carrot Coins Fresh Apple Milk



Sloppy Joe			
BATCH YIELD (LBS)	13		
INGREDIENTS (LBS)			
Beef Ground Precooked	10	76.0%	
Sauce BBO	1	8.0%	
Tomato Paste	1	8.0%	
Diced Onion	1	8.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		2.3
School K-8	4		2.3
Daycare 6-12	4		2.3
Daycare 3-5	3		1.7
Daycare 1-2	2		1.1

Ham & AuGratin Potato			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Ham Meat Diced	8	40.0%	
Potato AuGratin Dehydrated	10.8	54.0%	
Diced Celery	0.4	2.0%	
Diced Carrots	0.4	2.0%	
Diced Onion	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6		2.4
School K-8	5		2
Daycare 6-12	5		2
Daycare 3-5	4		1.6
Daycare 1-2	3		1.2

Macaroni & Cheese			
BATCH YIELD (LBS)	25		
INGREDIENTS (LBS)			
Cheese American Loaf	10	40.0%	
Pasta WG Elbow Noodle	10	40.0%	
Mix Cheese Sauce	5	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	2.4	2.4
School K-8	6	2.4	2.4
Daycare 6-12	5	2	2
Daycare 3-5	4	1.6	1.6
Daycare 1-2	3	1.2	1.2

Spaghetti & Meat Sauce			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Sauce Spaghetti Red. Sodium	3.7	18.5%	
Sauce Marinara All Purpose	3.7	18.5%	
Diced Onion	0.6	3.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Pizza Pasta Casserole with Pepperoni			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	8	40.0%	
Pasta WG Rotini	5	25.0%	
Sauce Spaghetti Red. Sodium	2.7	13.5%	
Sauce Maminara All Purpose	2.7	13.5%	
Cheese Cheddar/Jack Shred	0.8	4.0%	
Pork & Beef Pepperoni Sliced	0.8	4.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.5	2.4
School K-8	6	1.5	2.4
Daycare 6-12	5	1.2	2
Daycare 3-5	4	1	1.5
Daycare 1-2	3	0.7	1.2

Taco Meat Beef			
BATCH YIELD (LBS)	9.5		
INGREDIENTS (LBS)			
Beef Ground Precooked	7.6	80.0%	
Beef Taco Filling	1.9	20.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	4		3.2
School K-8	4		3.2
Daycare 6-12	3		2.2
Daycare 3-5	2		1.6
Daycare 1-2	2		1.6

Cheesy Chicken & Rice			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chicken Meat Diced	8	40.0%	
Brown Rice	4	20.0%	
Mix Cheese Sauce	6.5	32.5%	
Diced Onion	0.5	2.5%	
Diced Celery	0.5	2.5%	
Diced Carrots	0.5	2.5%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Turkey Tetrazzini			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Turkey Meat Diced	8	40.0%	
Pasta WG Spaghetti Noodles	4	20.0%	
Cream Base Mix	3.4	17.0%	
Alfredo Sauce Mix	3.4	17.0%	
Mushroom Pieces	0.4	2.0%	
Diced Peppers	0.4	2.0%	
Diced Onions	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	6	1.2	2.4
School K-8	6	1.2	2.4
Daycare 6-12	5	1	2
Daycare 3-5	4	0.8	1.6
Daycare 1-2	3	0.6	1.2

Hearty 3 Bean Chili			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Beef Ground Precooked	5	25.0%	
Bean Chili	4	20.0%	
Bean Kidney	3.8	19.0%	
Bean Black	3.8	19.0%	
Sauce Tomato	2.2	11.0%	
Diced Pepper	0.4	2.0%	
Diced Onion	0.4	2.0%	
Diced Tomato	0.4	2.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	5		3.1
School K-8	5		3.1
Daycare 6-12	5		3.1
Daycare 3-5	4		2.5
Daycare 1-2	3		1.9

Chicken & Gravy			
BATCH YIELD (LBS)	20		
INGREDIENTS (LBS)			
Chicken Meat Diced	12	60.0%	
Mix Chicken Gravy	4.4	22.0%	
Diced Onions	1.2	6.0%	
Diced Carrots	1.2	6.0%	
Diced Celery	1.2	6.0%	
Nutritional Equivalencies			
	Serving (oz)	Grain (oz)	Meat (oz)
School 9-12/Adult	5		3
School K-8	4		2.4
Daycare 6-12	4		2.4
Daycare 3-5	3		1.8
Daycare 1-2	2		1.2